

One Two Many

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 4 級數: Improver
編舞者: Tom Inge Soenju (NOR) - September 2019
音樂: 1, 2 Many - Luke Combs & Brooks & Dunn



Music Availability: Available on iTunes, Google Play and Amazon.

Note: The dance is not on frame for most of the dance.
Intro: 16 counts, after drums kick in for real

Sequence: Repeating sequence

Tag/Restart: 1 tag with restart, after 16 counts in wall 7, 8 count tag then restart

End: Do the 6 counts of the 5th sequence in wall 9 (F03:00) then do a ¼ L turn stepping RF to R side, Pose (F12:00)

SECTION 1: R MONTEREY ¼ R TURN, HEEL-TOGETHER-POINT-TOUCH

- 1 - 2 Point R toes to R side, R ¼ turn stepping RF next to LF (F03:00)
- 3 - 4 Point L toes to L side, Step LF next to RF
- 5 - 6 Touch R heel fwd, Step RF next to LF
- 7 - 8 Point L toes to L side, Touch L toes next to RF

SECTION 2: L HEEL-TOE-POINT-FLICK, CHASSE, ROCK/REC

- 1 - 2 Touch L heel fwd, Touch L toes back
- 3 - 4 Point L toes to L side, Flick LF behind RF
- 5 & 6 Step LF to L side, Step RF next to LF, Step LF to L side
- 7 - 8 Rock RF behind LF, Recover weight onto LF
Tag 1 here in wall 7

SECTION 3: R SCUFF-STEP, TWIST X2, HITCH-STEP, SWIVEL X2

- 1 - 2 Scuff/brush RF fwd toward R diagonal, Step ball of RF down
- 3 - 4 Swivel both heels to the L, Swivel both toes to the L (putting weight onto RF)
- 5 - 6 Hitch L knee towards yourself, Step LF down to L side
- 7 - 8 Swivel R heel towards LF, Swivel R toes towards LF (or toes then heel, whatever feels comfortable)

SECTION 4: TOE-STRUTS X2, R ROCKING CHAIR

- 1 - 2 Touch R toes fwd, Step R heel down
- 3 - 4 Touch L toes fwd, Step L heel down (travelling fwd while doing toe struts)
- 5 - 6 Rock fwd on RF, Recover weight onto LF
- 7 - 8 Rock back on RF, Recover weight onto LF

SECTION 5: R STEP-KICK, COASTER STEP, KICK-CROSS-BACK

- 1 - 2 Step fwd on RF, Kick fwd on LF
- 3 - 4 Step back on LF, Step RF next to LF
- 5 - 6 Step fwd on LF, Kick fwd on RF
- 7 - 8 Cross RF over LF, Step back on LF

SECTION 6: R SIDE-KICK-CROSS-BACK, SIDE - R ELVIS KNEE (IN/OUT/IN)

- 1 - 2 Step RF to R side, Kick fwd on LF
- 3 - 4 Cross LF over RF, Step back on RF
- 5 - 6 Step LF to L side, Bring R knee in towards LF
- 7 - 8 Bring R knee out towards R side, Bring knee in towards LF (weight on LF)

TAG 1: AFTER 16C IN WALL 7 (F09:00): MONTEREY R ½ TURN X 2

- 1 - 2 Point R toes to R side, R ½ turn stepping RF next to LF (F03:00)
- 3 - 4 Point L toes to L side, Step LF next to RF
- 5 - 6 Point R toes to R side, R ½ turn stepping RF next to LF (F09:00)
- 7 - 8 Point L toes to L side, Step LF next to RF

Start again and enjoy! Happy Dancing!

Contact: If anything is unclear or if you would like additional information, please contact me:

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