

How Do You Sleep

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Ed Gomes (NL) - September 2019
音樂: How Do You Sleep? - Sam Smith



SIDE, CROSS BEHIND, REPLACE 2 X, FORWARD, PIVOT TURN 1/2 RIGHT, FORWARD, MAMBO

1-2& Right foot to side, left foot cross behind right foot, replace
3-4& Left foot to side, right foot cross behind left foot, replace
5-6&7 Right foot forward, left foot forward, 1/2 turn right step on right foot, left foot forward (6
8&1 Right foot forward, replace left foot, right foot back

SAILOR CROSS, 2 PRISSY WALKS,, SIDE, REPLACE, CROSS BEHIND, 1/4L FORWARD

2&3 Left foot cross behind right foot, right foot to side, left foot cross in front of right foot
4-5 Right foot step across left foot, left foot step across right foot
6-7 Right foot to side, left foot replace,
8& Right foot cross behind left foot, left foot forward 1/4L

REPEATING LOCKSTEP, TOUCH, DIAGONALLY BACK 2 X , TOUCH, SIDE SHUFFLE

1&2& Right foot diagonally to right forward, left foot cross behind right foot, right foot diagonally to
right forward, left foot diagonally to left forward
3&4& Left foot cross behind right foot, left foot diagonally to left forward, right foot diagonally to right
forward, left foot touch next to right foot
5&6& Left foot to side, right foot touch next to left foot, right foot to side, left foot touch next to right
foot,
7&8 Left foot to side, right foot close next to left foot, left foot to side

TOUCH BEHIND, 1/2 TURN RIGHT WEIGHT ON RIGHT FOOT, SHUFFLE 1/2 TURN TO RIGHT, BEHIND, 1/2 TURN LEFT, FORWARD, MAMBO CLOSE 1/2 TURN LEFT

1-2 Right foot touch behind, turn 1/2R weight on right foot,
3&4 Left foot to side 1/4 turn right, close right foot next to left foot, left foot back 1/4 turn right
5&6 Right foot back, left foot to side 1/4 turn left, right foot forward 1/4 turn left
7&8 Left foot forward, replace weight back to right foot and start 1/2 turn to left, left foot close next
to right foot completing 1/2 turn left

RESTARTS:-

In the 4 th wall dance 16 counts then restart facing 12 o'clock

In the 6 th wall dance 16 counts then restart facing 6 o'clock

END: at the end of the 9th wall turn an extra 1/4 to left while closing left foot to right foot, to end 12 o'clock