

Valerie

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Rosie Morrison (IRE) - September 2019
音樂: Valerie - Mark Ronson & Amy Winehouse



Section 1: Walk R L Step 1/2 Left Walk L R Step 1/2 Right.

1-2 step forward right step forward left .
3&4 step turn step 1/2 left. Stepping frwd on right
Repeat 1-2 3&4.on left

Section 2: Skate R Skate L Chasse R .Skate L Skate R Chasse 1/4:Left.

1-2. skate right skate left
3&4 chasse to the right
5-6 skate left skate right
7&8 chasse 1/4- left.

Section 3: R Mambo L Back Lock Step ,R Coaster Step ,L Shuffle Fwd.

1&2 right frwd mambo
3&4 left back lock step
5&6 right coaster step.
7&8 left shuffle frwd.

Section 4: Paddle Turn Paddle Turn Lft. Cross And Heel And Touch And Touch.

1-2 paddle turn 1/8.
3-4 paddle turn 1/8 left(6)
5&6 cross right over left step back on left touch right heel forward.
7&8 bring right heel in touch left toe beside r heel step on left and touch right toe beside left heel.

The end - enjoy
