

# Wasting Time

COPPERKNOB  
STEPPERS

拍數: 64      牆數: 4      級數: Beginner +  
編舞者: Linda Nyholm (CAN) - July 2017  
音樂: Sitting By The River by the Lennerockers



## No Tags Or Restarts

Music Alternative: **\*\*ANYTHING FOR LOVE, by MACALLAN**  
No Tags Or Restarts—my fav—can't find source—I will share

### SECTION 1: ROCK BACK, RECOVER, KICK BALL CHANGE, SHUFFLE FORWARD, PIVOT ¼

1-2            Rock back on R, recover to L  
3&4          Kick R fwd, step on ball of R, step L slightly fwd  
5&6          Step R fwd, L beside R, step R fwd  
7-8          Step L fwd, pivoting ¼ to R, step R beside R (3)

### SECTION 2: WEAVE 3, POINT, LEFT & RIGHT

1-2            Cross left over R step R to side  
3-4          Step left behind R, point R to side  
5-6          Cross R over L, step L to side,  
7-8          Step R behind, point L to side

### SECTION 3: JAZZ BOX TURNING ¼, LEFT LINDY

1-2            Cross L over R, turn R ¼ to L (12)  
3-4          Step L beside R, cross R over L  
5&6          Step L to side, R beside L, L beside R  
7-8          Rock back on R, recover to L

### SECTION 4: VINE FOR 4, RIGHT LINDY

1-2            Step R to side, L behind R  
3-4          Step R to side, cross L over R  
5&6          Step R to side, L beside R, R beside  
7-8          Rock back on L, recover to R

### SECTION 5: LEFT & RIGHT SIDE ROCK, CROSS SHUFFLE

1-2            Rock L to side, recover to R  
3&4          Cross left over R, step R beside L, L beside R  
5-6          Rock R to side, recover to L  
7&8          Cross R over L. step L to side, R beside L

### SECTION 6: SIDE, BEHIND, SHUFFLE ¼, , RIGHT, LEFT SIDE TOUCHES

1-2            Step L to side, R behind L  
3&4          Step L ¼ to left, R beside L. step L beside R (9)  
5-6          Step R to side, touch L beside R  
7-8          Step L to side, touch R beside L

### SECTION 7: PROGRESSIVE BOX WITH SHUFFLES

1-2            Step R to side, L beside R  
3&4          Step R fwd, L beside R, R beside L  
5-6          Step L to side, R beside R  
7&8          Step L back, R beside L, L beside R

### SECTION 8: ROCK, RECOVER, SHUFFLE ½, ROCK RECOVER, SHUFFLE BACK

1-2 Rock R fwd, recover to L  
3&4 Turning over R shoulder, step R  $\frac{1}{4}$ , L  $\frac{1}{4}$  step R beside L (3)  
5-6 Rock L fwd, recover to R  
7&8 Step L back, step R back, step L beside R

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