

No Misery

拍數: 32 牆數: 2 級數: Improver
編舞者: David Sinfield (UK) - September 2019
音樂: Misery - Fra Donaghy : (iTunes)



STEP, LOCK, STEP, BRUSH, STEP, LOCK, STEP, BRUSH

1-2 Step right forward, lock left behind right
3-4 Step right forward, brush left foot forward
5-6 Step left forward, lock right behind left
7-8 Step left forward, brush right foot forward

JAZZ BOX CROSS, SIDE, HOLD, BACK ROCK

1-4 Cross right over left, step back left, step right to right, cross left over right
5-8 Step right to right, Hold, rock back left, replace weight onto right

SIDE, HOLD, BACK ROCK, STEP PIVOT ½ TURN LEFT, HOLD

1-4 Step left to left, Hold, rock back right, replace weight onto left
5-8 Step forward right, pivot ½ turn left, step forward right, Hold

STEP, TOUCH, STEP, TOUCH, SLOW COASTER STEP

1-2 Step left to left, touch right beside left
3-4 Step right to right, touch left beside right
5-8 Step back left, close right beside left, step forward left
