

Nyong Manis

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Muhammad Ghufroon (INA) & Andrico Yusran (INA) - September 2019
音樂: Nyong Manis - Sanza Soleman : (Official Music Video)



Tag : 6 counts after walls 2 - 4 - 5

Restart: on wall 4-8 after 16 counts

Start Dance after 8 counts

S1# SKATE FORWARD DIAGONAL (R / L)

1&2& Step R forward diagonal, L close touch beside R ,L forward diagonal, R close touch beside L
3&4& Step R forward diagonal, L close touch beside R , R forward diagonal, L close touch beside R
5&6& Step L forward diagonal, R close touch beside L , R forward diagonal, L close touch beside R
7&8 Step L forward diagonal , R close touch beside L , L forward diagonal

S2# MAMBO 1/4 - CROSS SHUFFLE - SIDE MAMBO FORWARD (R / L)

1&2 Step R forward,L in place , R 1/4 turn to R
3&4 Step L cross over R,R to side , L cross over R
5&6 Step R to side, L in place , R forward
7&8 Step L to side, R in place , L forward

S3# MAMBO FORWARD - BACK LOCK - VOLTA 3/4 - SIDE MAMBO FORWARD

1&2 Step R forward,L in place , R close beside L
3&4 Step L back , back R cross over L, L back
5&6 Step R 1/4 turn to R,L cross behind R, R forward
7&8 Step L to side, R in place, L forward

S4# SAMBA SYNCOPATED - 1/4 TURN - WALK FORWARD

1&2& Step R cross over L,L to side, R cross over L,L to side
3&4 Step R cross over L,L to side, R cross over L
5&6 Step R forward 1/4 turn to R, L in place,L forward
7-8 Step R,L forward

TAG 6 COUNTS

KICK BALL SIDE - BACK ROCK

1&2 Step R kick forward,R tap in place,L side touch
3&4 Step L kick forward,L tap in place,R side touch
5-6 Step R back,L recover

TAG 2 COUNTS

SIDE DRAG - CLOSE

1-2 Step R slightly to R,L close beside R

Enjoy The Dance

Last Update - 27 Sept. 2019