

# Get up, Get up, Get busy

**COPPER KNOB**  
BY STEPHEN T. C.

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Mark Furnell (UK) & Chris Godden (UK) - September 2019  
音樂: Get Up (Before the Night Is Over) - Technotronic



## INTRO: 32 Counts

### S1: OUT, OUT, BACK TOGETHER, BACK, BACK, SHUFFLE BACK

1-2            Step Right Diagonally Forward, Step Left to Left Side  
3-4            Step Right back in place, Step Left next to Right.  
5-6            Step Back Right, Step Back Left  
7&8           Step back on Right. Close Left to Right, Step Back Right

### S2: OUT, OUT BACK TOGETHER, WALK, WALK, SHUFFLE FWD

1-2            Step Left Diagonally Forward, Step Right to Right Side  
3-4            Step Left back in place, Step Right next to Left  
5-6            Walk Forward Left, Right  
7&8           Step forward Left, Close Right to Left, Step Forward Left

### S3: STEP PIVOT 1/2, STEP PIVOT 1/4, JAZZ BOX CROSS

1-2            Step Forward Right, Pivot 1/2 turn left onto Left,  
3-4            Step Forward Right, Pivot 1/4 turn Left onto Left  
5-6            Cross Right over Left, Step back on Left  
7-8            Step Right to Right, Cross Left over Right

### S4: SIDE HOLD, CLOSE SIDE TOUCH. GRAPEVINE, TOUCH.

1-2            Step Right to Right Side, Hold  
&3-4          Close Left to Right, Step Right to Right, Touch Left behind right. (Look to the right)  
5-6            Step Left to Left, Step Right Behind Left  
7-8            Step Left to Left. Touch Right to Left

Optional Rolling vine on Section 4 counts 5-8

Happy Dancing

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