Sweet Tea

拍數: 32	牆數: 4	級數: Easy Intermediate

編舞者: Rick Dominguez (USA) - September 2019

音樂: Sweet Tea - 17 Memphis

Begin dance after 8 counts

Alternate song: Southbound – Carrie Underwood (3:23)

(1-8) Walk X2, Triple Hitch Step, Rock Recover, ½ Triple Step

1,2	Walk forward R, L
3&4	Step forward R, hitch Right knee up as you step L, step forward R
5,6	Rock Forward L, Recover on R
7&8	Turn ½ turn over your left shoulder stepping L, R, L (6 O'clock)

(9-16) Side Rock Cross, Side Rock Step, ¼ Turn Twist X2 Sweep, Weave

1&2	Rock R to right side, recover L, cross R over L
3&4	Rock L to left side, recover on R, step L forward (keep weight on both feet)
5&6	Twist both heels ¼ to the left (9 O'clock), bring a slight prep twist back to the right, twist both heels ¼ to the left (12 O'clock) finishing with weight on left as you sweep R from front to back

(bend both knees slightly to help with the rotation, you start with left foot in front of right, and end with right foot in front of left)

7&8	Step R behind L, step L to left side, cross R over L.

(17-24) Rock L, Recover, Side Shuffle, Rock R, Recover, Side Shuffle

1,2	Step L to left side, recover weight on R
3&4	Step L to left side, step R next to L, step L to left side
5,6	Step R to right side, recover weight on L
7&8	Step R to right side, step L next to R, step R to right side

(25-32) Cross Rock Recover, ¼ Triple, ½ Pivot, 2 Half Turns

1,2	Cross L over R, recover on R
3&4	¼ to the left as you step L, bring R next to L, step forward L (9 O'clock)
5,6	Step forward R, ½ turn over your left shoulder on to your L (3 O'clock)
7,8	Turn ½ left as you step forward R, turn ½ left as you step back on L.

TAG for Alternate song "Southbound" – Step R, L, Hip Rock R, L
Tag happens on end of wall 4 facing 12 O'clock

1,2	Step R to right side, Step L to left side
3,4	Rock hip to the right, rock hip to the left

Start again!

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Last Update – 27 Sept. 2019