

Torn Me Max

拍數: 64 牆數: 2 級數: High Improver
編舞者: Kim Liebsch (DK) - September 2019
音樂: Torn - Ava Max : (3:18)



Intro: 8 counts from 1`st beat, start when lyrics begin (appr. 4 seconds) Start with weight on both feet

Tag: After wall 2, repeat last 8 counts(section 8) (*12:00)

Ending: Cross R over L, unwind L to face 12:00

#1 section: Heel swivel L-R, Heel swivel L-R-L, heel swivel ¼ turn L step down with kick, coaster step

1-2 Swivel L, swivel R standing on both toes 12:00
3&4 Swivel L, swivel R, swivel L standing on both toes 12:00
5-6 Swivel ¼ turn L standing on both toes, step down on R while kicking L fw. 9:00
7&8 Step back on L, step R next to L, step fw. on L 9:00

#2 section: Step ¼ turn, cross shuffle, side rock ¼ turn, walk walk

1-2 Step fw. on R, make ¼ turn L stepping L to L side 6:00
3&4 Cross R over L, step L to L side, cross R over L 6:00
5-6 Rock L to L side, recover ¼ turn R on R 9:00
7-8 Walk fw. L, walk fw. R 9:00

#3 section: Rock recover, shuffle back, back rock shuffle fw.

1-2 Rock fw. on L, recover on R 9:00
3&4 Step back on L, step R next to L, step Back on L 9:00
5-6 Rock back on R, recover on L 9:00
7&8 Step fw. on R, step L next to R, step fw. on R 9:00

#4 section: Step ¼ turn, cross hold, 2 X ¼ turn, cross side

1-2 Step fw. on L, make ¼ turn R stepping R to R side 12:00
3-4 Cross L over R, hold 12:00
5-6 Make ¼ turn L stepping back on R, make ¼ turn L stepping L to L side 6:00
7-8 Cross R over L, step L to L side 6:00

#5 section: Back rock, kick ball step X 2, step ¼ turn

1-2 Rock back on R, recover on L (slightly diagonal) 7:00
3&4 Kick R fw. step R next to L, step fw. on L 7:00
5&6 Kick R fw. step R next to L, step fw. on L 7:00
7-8 Step fw. on R, make ¼ turn L stepping L to L side 5:00

#6 section: Back rock, kick ball step X 2, step ¼ turn

1-2 Rock back on R, recover on L (slightly diagonal) 5:00
3&4 Kick R fw. step R next to L, step fw. on L 5:00
5-6 Kick R fw. step R next to L, step fw. on L 5:00
7-8 Step fw. on R, make ¼ turn L stepping L to L side 1:00

#7 section: Cross side, sailor step, Cross side, sailor ¼ turn

1-2 Cross R over L, step L to L side 3:00
3&4 Cross R behind L, step L to L side, step R to R side 3:00
5-6 Cross L over R, step R to R side 3:00
7&8 Sweep/cross L behind R, making ¼ turn L stepping R to R side, step L to L side 12:00

#8 section: Cross point X 2, step ½ turn, step together

1-2 Cross R over L, point L to L side 12:00
3-4 Cross L over R, point R to R side 12:00
5-6 Step fw. on R, make ½ turn L stepping fw. on L 6:00
7-8 Step fw. on R, step L beside R (*12:00) 6:00

GOOD LUCK & N'JOY!

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