

# About Last Night

COPPERKNOB  
STEPSHEETS

拍數: 96      牆數: 1      級數: Phrased Advanced  
編舞者: Debbie Rushton (UK) - August 2019  
音樂: About Last Night - Outasight



Count in: After 16 counts (on lyrics)  
SEQUENCE – ABAB TAG ABB TAG

## PART A – 64 COUNTS

### (1-8) SIDE BACK ROCK, R SHUFFLE, STEP ½ TURN, ROCK RECOVER

1 2 3      Step L to L, Rock R behind L, Recover fwd onto L (angle body to face 1oclock)  
4&5      Travelling fwd to R diagonal step R fwd, Lock L behind R, Step R fwd (1oclock)  
6 7      Step L fwd, Make ½ turn over L shoulder stepping R back (still on diagonal)  
8&      Rock L out to L side, Recover onto R (7oclock)

### (9-16) CROSS HOLD & BEHIND HOLD & CROSS & BEHIND & CROSS SWEEP

1 2      Squaring up to back wall cross L over R, Hold  
&3 4      Step R to R side, Cross L behind R, Hold  
&5&6      Whilst making a gradual arching ¼ turn L, Step R to R side, Cross L over R, Step R to R side, Cross L behind R  
&7 8      Step R to R side, Cross L over R, Sweep R around (3oclock)

### (17-24) CROSS ¼ TURN, SHUFFLE ½ TURN, DIAMOND STEP

1 2      Cross R over L, Make ¼ turn R stepping back on L (6oclock)  
3&4      Shuffle ½ turn over R shoulder stepping R L R (12oclock)  
5&6      Cross L over R, Step R to R side, Make 1/8 turn L stepping back on L (11oclock)  
7&8      Step back on R, Make 1/8 turn L stepping L to L side, Make 1/8 turn L stepping R forward (7oclock)

### (25-32) STEP TURN, FULL TURN, OUT OUT TOUCH BUMP & BUMP

1 2      Step L forward and pivot 3/8 turn R taking weight fwd onto R (12oclock)  
3 4      Make ½ turn R stepping L back, Make ½ turn R stepping R fwd (or walk walk)  
&5 6      Step L out to side, Step R out to side, Touch L beside R  
7 8      Step L to L and bump hips to L twice (end with weight L)

### (33-40) STEP LOCK & LOCK & LOCK, JAZZ BOX ¼ TURN

1 2      Step fwd on R, Lock L behind R and hitch R knee up  
&3      Step fwd on R, Lock L behind R and hitch R knee up  
&4      Step fwd on R, Lock L behind R and hitch R knee up  
5678      Cross R over L, Step L back, Make ¼ turn R stepping R to R, Step L fwd (3oclock)

### (41-56) REPEAT ABOVE 8 COUNTS TWO MORE TIMES (STEP LOCKS & JAZZ BOX)

### (57-64) STEP ½ TURN, STEP ½ REVERSE TURN, ¼ SIDE HOLD, HEEL TOE HEEL HITCH

1 2      Step R forward, Pivot ½ turn L taking weight forward onto L (3oclock)  
3 4      Step R forward, Make ½ turn R stepping back on L (9oclock)  
5 6      Make ¼ turn R stepping R to R side, Hold count 6 (12oclock)  
&7&8      Swivel L heel in, Swivel L toe in, Swivel L heel in, Hitch L knee up

## PART B – 32 COUNTS

### (1-8) SIDE ROCK, CROSS SHUFFLE, BOX ¾ TURN

1 2      Rock L out to L side, Recover weight onto R (12oclock)  
3&4      Cross L over R, Step R to R side, Cross L over R

5 6 Step R to R side, Make  $\frac{1}{4}$  turn L stepping L to L side (9oclock)  
7 8 Make  $\frac{1}{4}$  turn L stepping R to R side, Make  $\frac{1}{4}$  turn L stepping L to L side (3oclock)

**(9-16) CROSS ROCK SIDE CROSS &  $\frac{3}{4}$  UNWIND ROCK & CROSS**

1 2 Cross rock R over L, Recover back onto L  
3 4 Step R to R side, Cross L over R  
&5 6 Step R to R side, Lock L behind R, Unwind  $\frac{3}{4}$  turn L taking weight onto L  
7&8 Rock R out to R side, Recover onto L, Cross R over L (6oclock)

**(17-32) REPEAT ABOVE 16 COUNTS – (every Part B is 16 counts repeated twice)**

**TAG – 16 COUNTS**

**(1-8) SIDE TOGETHER SIDE TOUCH, BODY ROLL R, BODY ROLL L**

1234 Step L to L side, Step R beside L, Step L to L, Touch R beside L (12oclock)  
5 6 Step R to R side & do R body roll, Touch L beside R  
7 8 Step L to L side & do L body roll, Touch R beside L

**(9-16) SIDE TOGETHER SIDE TOUCH, BODY ROLL L, BODY ROLL R**

1234 Step R to R side, Step L beside R, Step R to R, Touch L beside R  
5 6 Step L to L side & do L body roll, Touch R beside L  
7 8 Step R to R side & do R body roll, Touch L beside R

Contact: [debmcwotzit@gmail.com](mailto:debmcwotzit@gmail.com)

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