

Woke Up Late

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 1 級數: Advanced
編舞者: Maddison Glover (AUS) - September 2019
音樂: Woke Up Late (feat. Hailee Steinfeld) - Drax Project



#32 count introduction (17 seconds) on the word "days".

Side, Touch/Knee Pop, 1/8 Knee Pop, Lock Shuffle Forward, Rock/Recover, Lock Shuffle Back

1,2 Step R to R side, touch L beside R as you pop L knee
3 Take weight onto L as you pop R knee turning 1/8 turn L (10:30)
4&5 Step R fwd, lock L behind R, step R fwd (10:30)
6,7,8&1 Rock L fwd, recover weight back onto R, step L back, cross R over L, step L back (10:30)

Point Back, 1/2 Unwind, Lock Shuffle Back, Back Rock/Recover, Kick Fwd, Together, Point

2,3 Point R toe back, unwind 1/2 turn over R whilst keeping weight on L (4:30)
4&5,6,7 Step R back, cross L over R, step R back, rock back onto L, recover weight fwd onto R (4:30)
8&1 Kick L fwd, step L beside R, point R out to R side (4:30)

Together, Sweep Around/Forward, Cross Shuffle, Side Rock/Recover, Behind, Side, Cross

2,3 Step R down (in place) as you turn 3/8 R (9:00), sweep L fwd/ around clockwise (9:00)
4&5 Cross L over R, step R to R side, cross L over R
6,7,8&1 Rock R to R side, recover weight onto L, cross R behind L, step L to L side, cross R over L

3/4 Turn, Side Shuffle, Back Rock/ Recover, Side, Together

2,3 Turn 1/4 R stepping back onto L (12:00), make 1/2 turn R stepping forward onto R (6:00)
4&5 Step L to L side, step R beside L, step L to L side
6,7 Rock back onto R, recover weight forward onto L
8& Step R to R side, step L beside R (6:00)

Side as you Flick Heel Up (over 2 counts), 1/4 Forward, 1/2 Pivot, 1/4 Side (Point Up), Return Arms to Centre of Body, Snap Fingers Out to Side, Roll R Shoulder Right, Roll L Shoulder L

1,2 Step R to R side as you slowing start to bend L knee / flick L heel up (slowly over counts 1-2)
3,4 Make 1/4 turn R stepping fwd onto L (9:00), pivot 1/2 turn over R keeping weight on R (3:00)
5 Make 1/4 turn R stepping L to L side (6:00) as you point both index fingers up into each diagonal
& With feet still apart: bring both arms in towards your body with bent elbows
6 With feet still apart: Snap both hands out to the side (at 45 degree angle with slightly bent elbows)
7 Feet are still apart & arms are still extended: Roll upper body to R as you dip R shoulder down
8 Feet are still apart & arms are still extended: Roll upper body to L as you dip L shoulder down

Jazz Box with hitch, Side Rock, Recover 1/4, Full Turn Forward

1,2 (Relax/ drop arms) Cross R over L, step L back
3,4 Step R to R side as you slightly hitch L knee up, cross L over R
5,6 Rock R to R side, recover weight onto L as you make 1/4 turn L (3:00)
7,8 Make 1/2 turn L stepping back on R (9:00), make 1/2 turn L stepping fwd on L (3:00)

Walk Forward x2, Side Rock/Recover, Cross, Large Step Back w. Heel Drag(5,6), Together, Cross, Side

1,2,&3,4 Walk fwd R, walk fwd L, rock R out to R side, recover weight onto L, cross R over L (3:00)
5,6 Take a large step back on L as you begin to drag R heel towards L, continue dragging R heel
&78 Step R beside L, cross L over R, step R to R side

Option: to clap hands together (at left hip) on count 8

Tap Behind, ¼ Forward, Full Turn Forward, V Step

- 1 Tap L toe behind R (option: raise joined hands up from hip to right ear “sleep”- hand gesture)
- 2 (Relax/ drop hands) Turn ¼ L stepping fwd onto L
- 3,4 Make ½ turn L stepping back on R, make ½ turn L stepping fwd on L
- 5,6 Step R out into R diagonal, step L out into L diagonal
- 7,8 Step R back, cross L over R

BRIDGE: During the third sequence you will dance to count 32& ‘side, together’ (facing 6:00).

Add the following 4 counts:

- 1,2 Step R to R side as you roll upper body to R as you dip R shoulder down over 2 counts
- 3,4 Roll upper body to L as you dip L shoulder down over 2 counts

Then continue with the dance (counts 33-64)

After you have completed the third sequence, you will drop off counts 1-32 and dance counts 33-64 twice.

See below.

64 64 1-32 (4 count bridge) 33-64 (12:00) Counts 33-64 (6:00) Counts 33-64 (12:00) 64

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