

Stayin' Alive

COPPER KNOB
BY STEPHEN

拍數: 40 牆數: 2 級數: Improver
編舞者: Matthew Kim - April 2016
音樂: Stayin' Alive - Bee Gees



Dance starts after 16 counts of Intro (before vocal begins)

S1: CrossR BackL SideR crossTouchL, PointL CrossL BackR SideL crossTouchR, PointR

1&2 Step Rf cross over Lf(1), Step Lf back(&), Step Rf to R side(2)
3, 4 Touch L toe across Rf(3), Point Lf to L side(4)
5&6 Step Lf cross over Rf(5), Step Rf back(&), Step Lf to L side(6)
7, 8 Touch R toe across Lf(7), Point Rf to R side(8)

S2: CrossR PointL, crossTouchL, PointL BehindL PointR, behindTouchR, PointR

1 Step Rf cross over Lf(1)
2, 3, 4 3 Touches with Lf: Side(2), Cross(3), Side(4)
Hand Movement: Keep L hand on L waist and point with R hand UpRight(2), DownLeft(3), UpRight(4)
5 Step Lf cross behind Rf(5) (point DownLeft with both hands)
6, 7, 8 3 Touches with Rf: Side(6), Behind(7), Side(8)
Hand Movement: Point with both hands UpLeft(6), DownRight(7), UpLeft(8)

S3: Rolling VineR-L-R-L(Point)/Clap Rolling VineL-R-L-R(Point) /Clap

1, 2, 3 Rolling Full R Turn to the right in 3 steps (R-L-R)
4 Touch L toe to side and Clap
5, 6, 7 Rolling Full L Turn to the left in 3 steps (L-R-L)
8 Touch R toe to side and Clap

S4: SkateR, SkateL SkateR, SkateL ¼R Fist Rolls ½L Fist Rolls

1 - 4 Skate walk forward R-L-R-L
Hand Movement: Alternating swipes of fists: One fist in front of the shoulder & the other in front of the thigh, R fist up & L fist down (1), L fist up & R fist down(2), R fist up & L fist down (3), L fist up & R fist down(4),
5 - 6 Turn ¼ R and Roll fists in front of the face (3:00)
7 - 8 Turn ½ L turn while keep rolling fists in front of the face (9:00)

S5:

Apple Picking Steps: SideR, SideL, SideR, SideL ¼R Fist Rolls ½L Fist Rolls

1 Step on Rf to R side and Point R hand UpRight with L hand near L waist.
2 Step on Lf to L side and Point R hand DownLeft with L hand folded up near L shoulder
3, 4 Repeat steps 1, 2 above (9:00)
5 - 6 Turn ¼ R and Roll fists in front of the face (12:00)
7 - 8 Turn ½ L turn while keep rolling fists in front of the face (6:00)

REPEAT

TAG: 4 Counts at the end of walls 2, 4, and 7

John Travolta Steps: SideR, SideL, SideR, SideL

1 Step on Rf to R side and Point L hand DownRight with R hand near R shoulder
2 Step on Lf to L side and Point L hand UpLeft with R hand near R waist.
3, 4 Repeat steps 1, 2 above

Note: Tag has the same foot steps as the first 4 counts of Section 5 but with pointing done with left hand instead of right hand (and the first pointing is down right).

You should prepared for the upcoming tag when you hear the extended word "Alive~~ Ah~~ " in the song.

