

Rescue Party

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: High Improver
編舞者: Shane McKeever (N.IRE) - September 2019
音樂: Rescue Me (feat. Alex Newell) - David Solomon



Intro: 8 counts (start with weight on L foot)

OBS! NO TAGS – NO RESTARTS

V-step with R foot, R kick ball change 1/8 L X 2

1-4 Step R fwd to R diagonal, step L fwd to L diagonal, step R back to centre, step L next to R
5&6 Kick R fwd, step R next to L, turn 1/8 L when changing weight to L
7&8 Kick R fwd, step R next to L, turn 1/8 L when changing weight to L

V-step with R foot, R kick ball change 1/8 L X 2

1-4 Step R fwd to R diagonal, step L fwd to L diagonal, step R back to centre, step L next to R
5&6 Kick R fwd, step R next to L, turn 1/8 L when changing weight to L
7&8 Kick R fwd, step R next to L, turn 1/8 L when changing weight to L

Cross side, R sailor step, cross side, L sailor step

1-2 Cross R over L, step L to L side
3&4 Cross R behind L, step L to L side, step R to R side
5-6 Cross L over R, step R to R side
7&8 Cross L behind R, step R to R side, step L to L side

Cross, 1/4 R, shuffle back, L back rock, R full turn fwd

1-2 Cross R over L, turn ¼ R stepping back on L
3&4 Step back on R, step L next to R, step back on R
5-6 Rock back on L, recover fwd onto R
7-8 Turn ½ R stepping back on L, turn ½ R stepping fwd onto R

L shuffle fwd, step turn, R shuffle fwd, step turn

1&2 Step L fwd, step R next to L, step L fwd
3-4 Step R fwd, turn ½ L onto L
5&6 Step R fwd, step L next to R, step R fwd
7-8 Step L fwd, turn ½ R onto R

1/4 R into L chasse, R back rock, R chasse, L back rock

1&2 Turn ¼ R stepping L to L side, step R next to L, step L to L side
3-4 Rock back on R, recover onto L
5&6 Step R to R side, step L next to R, step R to R side
7-8 Rock back on L, recover onto R

L Monterey 1/4 L X 2

1-4 Point L to L side, turn ¼ L stepping L next to R, point R to R side, step R next to L
5-8 Point L to L side, turn ¼ L stepping L next to R, point R to R side, step R next to L

L jazz box, step R fwd, L rock fwd, L coaster step

1-4 Cross L over R, step back on R, step L to L side, step fwd onto R
5-6 Rock L fwd, recover back on R
7&8 Step back on L, step R next to L, step fwd on L

BEGIN AGAIN!

Ending: Do wall 5, up to count 62. Then replace L coaster step with shuffle $\frac{1}{2}$ turn L and step R fwd
