

# 31 Flavors

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Val Saari (CAN) - September 2019  
音樂: 31 Flavors - The Shirelles



Begin on "ice-cream"

## TOE-STRUTS FWD, SYNCOPATED OUT-OUT-IN-IN BACK

1&2&      Touch RF toes forward, Drop heel, Touch LF toes forward beside R, Drop heel  
&5-6      Hop RF back to right (&), Step LF left (5), clap (6)  
&7-8      Hop RF back to left (&), Step LF together (7), clap (8), (weight on LF)

## WALK FORWARD R,L,R, KICK L, WALK BACK L,R,L, TOUCH

1-2      Walk forward, RF, LF  
3-4      Walk forward RF, Kick LF forward  
5-6      Step back, LF, RF  
7-8      Step back LF, Touch RF beside L

## SIDE POINTS (R, L, R 1/4 L, L )

1-2      Point RF to R side, Step RF beside L  
3-4      Point LF to L side, Step LF beside R  
5-6      Point RF to R side 1/4 turn L, Step RF beside L  
7-8      Point LF to L side, Step LF beside R

## HEEL TWISTS (RL), TWIST ON THE SPOT RLRL

1-2      Twist heels Right, (Optional Clap or Finger Snaps)  
3-4      Twist heels Left, (Optional Clap or Finger Snaps)  
5-8      Bend knees/Twist Heels RLRL

## OPTIONAL (INTRO): Begin on "Got a baby who"

### RUMBA BOX FWD, SIDE TOUCHES RLRL (OPTIONAL SHOULDER SHIMMIES)

1&2&      Step RF to right side, Step LF beside RF, Step RF forward, Kick LF  
3&4&      Step LF to left side, Step RF beside LF, Step LF back, Kick RF  
5&6&      Step RF right, Touch LF beside R, Step LF left, Touch RF beside L  
7&8&      Step RF right, Touch LF beside R, Step LF left, Touch RF beside L

REPEAT - No Tags, No Restarts

Email: [valeriesaari@icloud.com](mailto:valeriesaari@icloud.com) - Phone: 1-905-246-5027