

Out In the Wash

拍數: 32 牆數: 4 級數: Improver
編舞者: Dawn Rathbun (USA) - September 2019
音樂: It All Comes out in the Wash - Miranda Lambert



Step Shuffle Box

1 2 Step side right, Step $\frac{1}{4}$ left side left
3&4 Step side right, together left, step to side right
5&6 Step side left $\frac{1}{4}$ left, together right, step side left (6:00)
7&8 Step side right, together left, step to side right

Heel Switches, Forward Touch, Coaster

1&2 Tap left heel forward, together left, tap right heel forward
&3&4 $\frac{1}{4}$ turn left step together right, tap left heel forward, together left, tap right heel forward
&5 6 Step together right, $\frac{1}{4}$ left step forward left, touch right toe next left (12:00)

On wall 7 Restart Here

7&8 Step back right, together left, step forward right

Lyndy Side, $\frac{1}{4}$ Shuffle, $\frac{1}{2}$ Shuffle

1&2 Step side left, together right, step side left
3 4 Step right behind left, recover forward left
5&6 Step right back $\frac{1}{4}$ left, together left, step back right
7&8 Step forward left $\frac{1}{2}$ left, together right, step forward left (3:00)

$\frac{1}{2}$ Pivot 2x, Out Out In In, Walk 2x

1 2 Step forward right, turn $\frac{1}{2}$ turn left (weight on left)
3 4 Step forward right, turn $\frac{1}{2}$ turn left (weight on left) (3:00)
&5&6 Step right foot out to the side, step left foot out to side, bring right foot back in, bring left foot back in
7 8 Step forward right, left

Tags: finish dance on walls 1,3 & 4 add

On Wall 1 & 3 add 4 count rocking chair

1 2 Step forward right, recover back left
3 4 Step back right, recover forward left

On Wall 4 add 4 count rocking chair and $\frac{1}{2}$ pivot

1 2 Step forward right, recover back left
3 4 Step back right, recover forward left
5 6 Step forward right, turn $\frac{1}{2}$ turn left (weight on left)
