# Work Done



拍數: 32 編數: 2 級數: Intermediate

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September 2019

音樂: Work Done (feat. Melissa Gorga, Porsha Williams & Sonja Morgan) - Fiber One:

(Single)

https://music.apple.com/us/album/work-done-feat-melissa-gorga-porsha-williams-sonja-morgan/1474095489?

i=1474095501 Intro: 32 counts

Note: 32, Tag, 32, 16, Tag, 32, 32, 16, Restart, 32, 32

## [1-8] Forward Rock, Recover & Sweep, Left Weave, Step, Touch, Step, Kick, Right Weave

Rock forward R as you touch L behind R, Recover onto L as you sweep R back

3&4 Cross R behind L, Step L to L, Cross R over L

&5&6 Step L to L, Touch R next to L, Step R to R, Kick L towards L diagonal forward

7&8 Cross L behind R, Step R to R, Cross L over R

## [9-16] Monterey Turn ½ R, Toe Switches L & R, Forward Shuffle w/Hips x2

12 Touch R to R, Turn ½ R as you step R next to L (6:00)

3&4 Touch L to L, Step L next to R, Touch R to R

Step R slightly across L, Step L behind R, Step R forward
 Step L slightly across R, Step R behind L, Step L forward

#### [17-24] Touch, Heel Swivel w/Hip Bump, Back, ½ L, Forward, Touch, Heel Swivel w/Hip Bump, Coaster Step

1&2 Touch R forward, Swivel both heels to R as you bump hips R, Return both heels center

weight on L

3&4 Step R back, Turn ½ L stepping L forward, Step R forward (12:00)

5&6 Touch L forward, Swivel both heels to L as you bump hips L, Return both heels center weight

on R

7&8 Step L back, Step R next to L, Step L forward

#### [25-32] Forward Rock, Recover, ½ R, ½ R, Point L, Hold, Step, Point R, Hold

12 Rock forward R, Recover onto L

34 Turn ½ R step R forward (6:00), Turn ½ R step L back (12:00) 5&6 Turn ½ R step R forward (6:00), Touch L to L, Hold (6:00)

7&8 Step L forward, Touch R to R, Hold

Tags:

End of Wall 1

After 16 counts of Wall 3

#### Restart after 16 counts of Wall 6

### Tag (16 counts) Both Tags start and end at 6:00. All hand movements are entirely optional.

## [1-8] Cross, Back, Side, Cross, Back, Side, Cross, ½ Unwind

Cross R over L (Place R hand behind R ear), Step L back (Place L hand behind L ear)

Step R to R (Place R hand on L shoulder), Cross L over R (Place L hand on R shoulder)

Step R back (Place R hand on R shoulder), Step L to left (Place L hand on L shoulder)

78 Cross R over L, Unwind ½ L weight ending on L (Slide both hands down on side of body from

shoulders to hips) (12:00)

## [9-16] Cross, Back, Out, Out, Step, ½ L Pivot, Look Back, Flick

Cross R over L (Reach R arm forward at shoulder height), Step L back (Reach L arm forward with L wrist over R wrist)
Step R to R (Place R hand on R hip), Step L to L (Place L hand on L hip)
Step R forward, Pivot ½ turn L (6:00)
Look back over R shoulder, Flick R back weight ending on L (6:00)

## Enjoy!

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Last Update - 18 Sept. 2019