

Change Your Mind

COPPER **NOB**
BY STEPHENETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Magali CHABRET (FR) - September 2019
音樂: Change Your Mind - Tori Kelly : (CD: Inspired By True Events)



#8 counts intro

S1 – BACK, DRAG, BALL STEP, WALK, ANCHOR STEP, ¾ TURN LEFT

1-2 Step Rf back – drag Lf towards Rf
&3-4 Step ball of Lf beside Rf – step Rf forward – step Lf forward
5&6 Step Rf behind Lf (3rd position) – step Lf in place – step Rf slightly back
7-8 Turn 1/2 left stepping Lf forward – turn 1/4 left stepping Rf to right side (3:00)

S2 – BEHIND SIDE CROSS, HOLD, BALL CROSS, SIDE ROCK ¼ TURN LEFT, LOCK STEP FWD

1&2 Step Lf behind Rf – step Rf to right side – cross Lf over Rf
3&4 Hold – step ball of Rf next to Lf – cross Lf over Rf
5-6 Rock Rf to right side – recover onto Lf turning 1/4 left (12:00)
7&8 Step Rf forward – Lock Lf behind Rf – step Rf forward

S3 – SIDE, BACK ROCK, LOCK STEP ¼ TURN RIGHT, ROCK FWD, 1/2 TURN LEFT

1-2-3 Step Lf to left side – Rock back on Rf – recover onto Lf
4&5 Turn 1/4 right stepping Rf forward – Lock Lf behind Rf – step Rf forward (3:00)
6-7-8 Rock Lf forward – recover onto Rf – turn 1/2 left stepping Lf forward (9:00)

S4 – POINT SIDE, KICK BALL POINT, SAILOR STEP, POINT BACK, UNWIND ½ TURN RIGHT, ½ TURN RIGHT

1 Point right toes to right side
2&3 Kick Rf forward – step Rf next to Lf – point Lf toes to left side
4&5 Step ball of Lf behind Rf – step ball of Rf to right side – step Lf to left side
6-7 Step right toes behind Lf – unwind 1/2 turn right taking weight on Rf (3:00)
8 Turn 1/2 right stepping Lf back (9:00)

Tag at the end of wall 4 (facing 12:00) :

BACK, DRAG, BALL STEP, CLOSE

1-2 Step Rf back – drag Lf towards Rf
&3-4 Step ball of Lf beside Rf – step Rf forward – close Lf next to Rf

« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr

Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.

Last Update – 27 Sept. 2019