All Night Long



拍數: 64 牆數: 2 級數: Intermediate 編舞者: Guy Dubé (CAN) & Stéphane Cormier (CAN) - August 2019

音樂: All Night Long - The Mavericks



Dance submitted and presented at : Atelier X-trême (august 2019) Note : Special Thanks to Martine Bédard for her musical suggestion.

Intro: 32 counts.

S1: WALK R,L, SIDE, CROSS MAMBO BACK, CROSS ROCK BACK, RECOVER, KICK-BALL-STEP

1-2-3 Walk R,L forward, step R to right

4&5 Cross rock step L behind R, recover on R, step L to left

6-7 Cross rock step R behind L, recover on L

8&1 Kick R forward, step R together L, step L forward

S2: 2X (SWAY), KICK-CROSS-SIDE, CROSS ROCK, RECOVER, SHUFFLE in 1/4 TURN R

2-3 Step R to right and sway hips to right, sway hips to left

4&5 Kick R in diagonal to right, cross step R behind L, step L to left

6-7 Cross rock step R diagonaly to left, recover to L

8&1 Shuffle R,L,R in 1/4 turn to right (3:00)

S3: STEP, PIVOT 1/2 TURN R, SHUFFLE FWD, 1/4 TURN L TOUCH, SLIDE, SHUFFLE CROSS to L

2-3 Step L forward, pivot 1/2 turn to right (9:00)

4&5 Shuffle L,R,L forward

6-7 1/4 turn to left and touch R to right, slide point R toward L (6:00)

8&1 Cross shuffle over L with R,L,R to left

S4: SWAYS, CROSS, 1/4 TURN R and STEP FWD, STEP FWD, 1/2 TURN L and STEP R BACK, 1/4 TURN L and CROSS STEP, CROSS MAMBO

2-3 Step L to left and sway hips to left, sway hips to right

4&5 Cross L behind R, 1/4 turn to right and step R forward, step L forward (9:00)
6-7 1/2 turn to left and step R back (3:00), 1/4 turn to left and step L to left (12:00)

8&1 Cross rock step R over L, recover on L, step R to right

S5: CROSS ROCK, RECOVER, CHASSÉ to L, ROCK BACK, RECOVER, 1/4 TURN L and STEP-LOCK-STEP BACK

2-3 Cross rock step L over R, recover on R

4&5 Chassé L,R,L to left

6-7 Rock step R back, recover on L

8&1 1/4 turn to left and step R back, step L lock over R, step R back (9:00)

S6: FULL TURN L, COASTER STEP, STEP, PIVOT 1/2 TURN L, 1/4 TURN L and CHASSÉ to R

2-3 1/2 turn to left and step L forward, 1/2 turn to left and step R back

4&5 Step L back, step R together L, step L forward

6-7 Step R forward, pivot 1/2 turn to left

8&1 1/4 turn to left and chassé R,L,R to right (12:00)

S7: 2X (POINT, PIVOT 1/2 TURN L, MAMBO STEP FWD)

2-3 Point L back, pivot 1/2 turn to left (6:00)

4&5 Rock step R forward, recover on L, step R back

6-7 Point L back, pivot 1/2 turn to left (12:00)

8&1 Rock step R forward, recover on L, step R back

S8: WALK, WALK, COASTER STEP, STEP, PIVOT 1/2 TURN L, STEP-LOCK

2-3 Walk L,R back

Step L back, step R together L, step L forward
Step R forward, pivot 1/2 turn to left (6:00)
Step R forward, lock step L behind R

HAVE FUN Guy & Stéphane!

Last Update - 28 Oct. 2019