Bad Girls



拍數: 32 牆數: 4 級數: Intermediate 編舞者: Guy Dubé (CAN) & Serge Légaré (CAN) - September 2019

音樂: Bad Girls - MKTO



Intro: 8 counts.

[1-8] 2X CROSS MAMBO, 2X SYNCOPATED SAILOR SHUFFLE, TOUCH TOGETHER

1&2 Cross rock step R over L, recover on L, step R together L
 3&4 Cross rock step L over R, recover on R, step L together R

(on counts 1&2 and 3&4, on the mambo steps, swing both arms on each side toward back)

5&6 Cross step R behind L, step L to left, step R on place

&7&8 Cross step L behind R, step R to right, step L on place, touch R together L Restart : At the 7th repetition of the dance, after the first 8 counts, restart from the top.

[9-16] CHASSÉ to R, 1/4 TURN L and CHASSÉ to L, KICK-BALL TOE, KICK-BALL-SLIDE

1&2 Chassé R,L,R to right

3&4 1/4 turn to left and chassé L,R,L to left (9h)

Kick R forward, step R back, point L forward in flexing knee and shoulder L down forward

Kick L forward, step L together R, slide your foot R back flat on the floor while flexing L knee

Restart: At the 2nd and the 4th repetition of the dance, after the first 16 counts, restart from the top.

[17-24] SCUFF, HITCH with CLAP KNEE, 1/4 TURN L and STEP SIDE with KNEE POP L

2 X (SAILOR STEP), MAMBO 1/4 TURN L

1& Scuff R forward, hitch R knee and slap it with R hand

2 1/4 turn to left and step R to right (push L knee forward) (6h)

3&4 Cross L behind R, step R to right, step L on place5&6 Cross R behind L, step L to left, step R on place

7&8 Rock step L forward, recover on R, 1/4 turn to left and step L to left (3h)

[25-32] SYNCOPATED WEAVE to L, 1/4 TURN L and STEP, SYNCOPATED WEAVE to R in 1/4 TURN R, STEP, PIVOT 1/2 TURN R, STEP, KICK-BALL-STEP

1&2 Cross step R over L, step L to left, cross step R behind L

& 1/4 turn to left and step L forward (12h)

3&4 Step R to right, cross step L behind R, 1/4 turn to right and step R forward (3h)

5&6 Step L forward, pivot 1/2 turn to right, step L forward (9h)

7&8 Kick R forward, step R together L, step L forward

Restart: At the 2nd and the 4th repetition of the dance, after the first 16 counts, restart from the top.

At the 7th repetition of the dance, after the first 8 counts, restart from the top.

HAVE FUN! GUY & SERGE