AB Lighten Up



拍數: 32 牆數: 4 級數: Absolute Beginner

編舞者: Marla Brandon (USA) - September 2019

音樂: Lighten Up - Karen Drucker



Start dancing on lyrics

WIZARD STEPS

1&,2	Step R diagonally fwd, Lock L behind R, Step R diagonally fwd
3&,4	Step L diagonally fwd, Lock R behind L, Step L diagonally L fwd
5&,6	Step R diagonally fwd, Lock L behind R, Step R diagonally fwd
7&,8	Step L diagonally fwd, Lock R behind L, Step L diagonally L fwd

WEAVE RIGHT

1 - 8 Step side right, cross back left, step side right, cross front left, step side right, cross back left,

step side right, cross front left.

SCISSOR STEP RIGHT AND LEFT

1,2	Step out right,	bring left in.
1,4	oleb out right,	DITING TOTAL

3&4 Cross in front right

5,6 Step out left, bring right in,

7&8 Cross in front left

RIGHT PADDLE TWO 1/8, ROCKING CHAIR

1-4 Step out right and push to left two times for a quarter turn

5-8 Rock forward right, rock back right

No Tags, No Restarts

This song is has a jazz beat, feel free to have fun with it.

For Questions please contact Marla_brandon@att.net