

Say Na Na Na

拍數: 32 牆數: 0 級數: Improver
編舞者: Aiden Fryer (UK) - September 2019
音樂: Say Na Na Na - Serhat



CROSS SIDE SAILOR CROSS ¼ CHASSE

1-2 Cross right over left left to left side
3&4 right behind left left to left side right to right side
5-6 cross left over right make ¼ left step back on right
7&8 step left to left side right next to left left to left side

CROSS SIDE SAILOR HEEL BALL CROSS SIDE BEHIND SIDE CROSS

1-2 cross right over left left to left side
3&4& right behind left , left to left side heel on right foot step down on right
5-6, cross left over right step right to right side
7&8 left behind right right to right side , cross left over right

SIDE TOGETHER SHUFFLE FORWARD, SIDE TOGETHER SHUFFLE FORWARD

1-2 big step right to right side touch left next to right
3&4 shuffle forward on right stepping right left right
5-6 big step left touch right next left
7&8 left shuffle forward left right left

ROCK RECOVER SHUFFLE ½ ½ STEP BACK BACK LEFT COASTER STEP HITCH RIGHT

1-2 rock forward on right foot recover on left
3&4 shuffle ½ over right shoulder stepping right left right
5-6 make ½ over right shoulder stepping down on left step back right
7&8 left coaster step step on left right step left forward and slightly hitch right knee

End of dance

*TAG : End of walls 2 , 4 and 5

*2 X HALF TURNS OR (ROCKING CHAIR)

1-2 Step forward on right make ½ over left shoulder stepping on left
3-4 Step forward on right make ½ over left shoulder stepping on left