

Superpower

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Kelly Kaylin (CAN) - September 2019
音樂: Superpower - Adam Lambert



No Tags/Restarts

Dance starts immediately after short intro

This dance goes out to my bestie for over 25 years. For her love of music, Adam Lambert, of anything Queen and just for being cool! Love ya Ta xo

SIDE STEP, TOE TOUCHES, COASTER

1-2 Step right foot to right side, step left behind right
&3,4 Cross left over right, touch right toe to right side
5-6 Cross right over left, point left toe to left side
7&8 Step back on left, bring right beside left, step forward on left

ROCK STEP, ½ TURN TRIPLE, TOE TOUCHES, SAILOR

9-10 Rock forward on right, recover weight on left
11&12 Turning a ½ turn right, triple right, left, right
13&14 Touch left toe to left side, step left home and touch right toe to right side
15&16 Bring right behind left, step left beside right, step forward on right

COASTER, HIP BUMPS

17&18 Step back left, step right beside left, step left forward
19-20 Step right forward on angle and bump hip right hip twice with finger snaps
21&22 Step back right, step left beside right, step right forward
23-24 Step left forward on angle and bump hip left hip twice with finger snaps

SIDE STEP, SIDE TOUCHES, ¼ turn LEFT

25-26 Step left to left side, step right behind left
&27,28 Cross right over left, touch left toe to left side
&29 Step left home touching right toe to right side
&30 Step right home touching left toe to left side
31&32 Turning a ¼ turn left step left, right beside left, left in place

REPEAT

Last Update – 10 Oct. 2019 -R2
