

One Less Day

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Michael Diven (USA) - June 2019
音樂: One Less Day (Dying Young) - Rob Thomas



Intro: 32 count, start dancing on the lyrics "I see my life....."

Rock, Recover, ¼ Turn Weave, Rock, Recover, ½ Turn Shuffle

1-2 Rock right foot out to right side, recover weight back to left foot
3&4 Step right foot behind left, step left foot to left, pivot ¼ turn left, stepping right foot forward
5-6 Rock forward on left foot, recover weight back on right foot
7&8 Pivot ¼ turn left stepping left foot to left side, step right foot next to left foot, pivot ¼ turn left stepping forward on left foot

Cross, Point, Cross, Point, ¼ Turn Jazz Box

1-2 Cross right foot over left, point left toe to left side
3-4 Cross left foot over right, point right toe to right side
5-8 Cross right foot over left, step back on left foot, pivot ¼ turn right stepping right foot to right side, step left foot over right

(Restart after wall 6)

Rock, Recover, Cross, ¼ Turn, ¼ Turn, Cross, Right Step, Touch

1-2 Rock right foot out to right side, recover weight back to left foot
3-4 Cross step right over left foot, pivot ¼ turn right stepping back on left foot
5-6 Pivot ¼ turn right stepping right foot to right side, cross step left foot over right
7-8 Step right foot to right side, touch left foot next to right

Chasse' Left, Rock, Recover, Weave w/ ¼ Turn Right

1&2 Step left foot to left, step right foot next to left foot, step left foot to left side
3-4 Rock back on right foot, recover weight on left foot
5-6 Step right foot to right side, step left foot behind right foot
7-8 Pivot ¼ turn right stepping forward on right foot, step forward on left foot.

Have Fun!
