

Rollercoaster

拍數: 64 牆數: 2 級數: High Intermediate
編舞者: Hiroko Carlsson (AUS) - September 2019
音樂: Rollercoaster - Jonas Brothers : (iTunes)



(No Intro)

[S1] Coaster Step, Step-Pivot 1/2R, Rock Fwd, Coaster Step

1&2 Step back on R, Step L next to R, Step forward on R
3 4 Step forward on L, Make a ½ turn right recover weight on R
5 6 Rock/step forward on L, Recover weight on R
7&8 Step back on L, Step R next to L, Step forward on L (6:00)

[S2] Toe-Heel-Cross, Coaster Step, Ball-Fwd Rock, 1/4L, Cross

1&2 Touch R toe diagonally forward, touch R heel on the spot, Cross R over L
3&4 Step back on L, Step R next to L, Step forward on L
&5 6 Step R together, Rock/step forward on L, Recover weight on R
7 8 Make a ¼ turn left stepping L to left, Cross R over L (3:00)

[S3] Side Shuffle, Rock Back-Side-&-Side, Hold, &, Side Rock

1&2 Left side shuffle LRL
3& Rock/step back on R, Recover weight on L
4&5 Step R to right, Step L next to R, Step R to right
6& Hold, Step L next to R
7 8 Rock/step R to right, Recover weight on L (9:00)

[S4] Fwd, Touch Fwd, Run Back, Touch Back, Fwd, Hitch 1/4R, Fwd

1 2 Step forward on R, Touch/point forward on L
3&4 Run back LRL
5 6 Touch back on R weight on L, Step forward on R
7 8 Make a ¼ turn right on ball of right foot, Step forward on L** (6:00)

[S5] Side, Spiral 1/2L, Fwd, Run-Run, Side, Spiral 1/2L, Fwd, Paddle Turn

1 2 3 Step R to right, Make a ½ spiral turn left on right foot, Step forward on L (12:00)
4& Run forward RL
5 6 7 Step R to right, Make a ½ spiral turn left on right foot, Step forward on L (6:00)
8& Step forward on R, make a ¼ turn left recover weight on L (3:00)

[S6] Syncopated Weave L, Side Rock, Cross, 3/4L Turn, Fwd

1&2& Cross R over L, Step L to the side, Step R behind L, Step L to the side
3 4& Cross R over L, Rock/step L to left, Recover weight on R
5 6 Cross L over R, Make a ¼ turn left stepping back on R
7 8 Make a ½ turn left stepping forward on L, Step forward on R (6:00)

[S7] Modified Figure 8

1 2 Cross L over R, Step R to right
3&4 Step L behind R, Make a ¼ turn right stepping forward on R, Step forward on L
5 6 Make a ½ turn right recover weight on R, Make a ¼ turn right stepping L to left
7&8 Step R behind L, Make a ¼ turn left stepping forward on L, Step R to right (3:00)

[S8] Sailor Step, Behind, Side, Cross, Kick Ball-Cross, 1/4R Back

1&2 Step L behind R, Step R to the side, Step L to the side

3 4 5 Step R behind L, Step L to left, Cross R over L
6& Kick L diagonally left forward, Step L to the side
7 8 Cross R over L, Step L to left making a $\frac{1}{4}$ turn right (hitch R slightly) (6:00)

Restart on Wall 3 count 32 (6:00)**

Ending: Section 2 Count 6 with step changes

7&8 Make a $\frac{1}{2}$ turn shuffle forward to the front.

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com) (updated: 5/Sept/19)
