

Carry On

拍數: 64 牆數: 2 級數: High Intermediate
編舞者: Hiroko Carlsson (AUS) - September 2019
音樂: Carry On - Kygo & Rita Ora : (iTunes)



(Intro: 32 counts)

[S1] Rocking Chair, Step-1/4L Pivot, Anchor Step

1 2 Rock/step forward on R, Recover weight on L
3 4 Rock/step back on R, Recover weight on L
5 6 Step forward on R, Make a ¼ turn left recover weight on L
7&8 Cross R over L slightly hooks L behind, Step L behind R, Replace/step forward on R (9:00)

[S2] Back, Back, Out-Out-In-Touch, 2x Step-Pivot 1/2L

1 2 Step back on L, Step back on R
&3&4 Step back on L (out), Step back on R (out), Step L to the centre (in), Touch R next to L (in)
5 6 Step forward on R, Make a ½ turn left recover weight on L
7 8 Step forward on R, Make a ½ turn left recover weight on L (9:00)

[S3] 2x Cross-Point, Fwd Rock, 1/4R Side Shuffle

1 2 Cross R forward, Point L to the side
3 4 Cross L forward, Point R to the side
5 6 Rock/step forward on R, Recover weight on L
7&8 Make a ¼ turn right stepping R to right, Step L next to R, Step R to right (12:00)

[S4] Cross, 1/4L, 1/2L, Step-Pivot 1/2L, 1/2L Back, Sailor Step

1 2 Cross L over R, Make a ¼ turn left stepping back on R
3 4 Make a ½ turn left stepping forward on L, Step forward on R
5 6 Make a ½ turn left recover weight on L, Make a ½ turn left stepping back on R
7&8 Sweeping L around and step L behind R, Step R to the side, Step forward on L (3:00)

[S5] Side Rock-1/4R, Side Rock, Box 1/4L-Cross, Side-1/8R Together

1 2& Rock/step R to right, Recover weight on L making ¼ turn right, Step R next to L
3 4 Rock/step L to left, Recover weight on R
5&6 Cross L over R, Make a ¼ turn left stepping back on R, Step L to the side
7 8& Cross R over L, Step L to the side, Make a 1/8 turn right step R together (4:30)

[S6] Fwd, Fwd Rock, Back, Back w/ Drag-Together-Fwd, Fwd

1 2 Step forward on L, Rock/step forward on R
3 4 Recover weight on L, Step back on R
5 6& Step back on L, Drag R towards L, Step R next to L
7 8 Step forward on L, Step forward on R (4:30)

[S7] Step-Pivot 1/2R, 2x Fwd w/ Body Roll, Fwd Rock

1 2 Step forward on L, Make a ½ turn right recover weight on R
3-4& Step forward on L with body roll forward (3-4), Step R next to L (&)
5-6& Step forward on L with body roll forward (5-6), Step R next to L (&)
7 8 Rock/step forward on L, Recover weight on R (10:30)

[S8] 1/8R Behind, Side Rock, Behind, Side Rock, Touch Unwind

1 2 Make a 1/8 turn right (square up to the front) stepping L behind R, Rock/step R to right
3 4 Recover weight on L, Step R behind L

5 6 Rock/step L to left, Recover weight on R
7 8 Touch L toe behind R, Unwind 1/2L weight ends on L

TAG: 8 count Tag: End of Wall 2 (12:00) – 2x Rock Fwd-Coaster Step

1 2 Rock/step forward on R, Recover weight on L
3&4 Right coaster step
5 6 Rock/step forward on L, Recover weight on R
7&8 Left coaster step (12:00)

Finishes at 6:00 – Turn to the front.

**Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 5/Sept/19)**
