

Patience (Necesito Paciencia)

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Aëla Fourmage (FR) & Angéline Fourmage (FR) - August 2019
音樂: Patience by Egzod & Sinego



Start : 16 counts – 1 Restart – 1 Tag

Sequence : 16-A-A-Tag-A-A-A-A

[1-8] Step, Lock, Step, Step, Lock, Step, V Step

1&2 RF FW, LF behind RF, RF FW
3&4 LF FW, RF behind LF, LF FW
5-6 RF FW to the R diagonal, LF FW to the L diagonal
7-8 RF Back, LF next to RF

[9-16] Step, Lock, Step, Step, Lock, Step, Coaster-Step, Point, Cross

1&2 RF Back, Cross LF over RF, RF Back
3&4 LF Back, Cross RF over LF, LF Back
5&6 RF Back, LF next to RF, RF FW
7-8 Point LF to the L side, Cross LF over RF (*Restart Wall 1, 12:00)

[17-24] Point, Cross, Paddle Turn 104 R, Cross, Point, Cross, Point

1-2 Point RF to the R side, Cross RF over LF
3-4 Point LF to the L side with 1/8 R, Point LF to the L side with 1/8 R
5-6 Cross LF over RF, Point RF to the R side
7-8 Cross RF over LF, Point LF to the L side

[24-32] Jazz-Box, Step Back, Step Back, Coaster-Step

1-2 Cross LF over RF, RF Back
3-4 LF to the L side, RF next to LF
5-6 LF Back, RF Back
7&8 LF Back, RF next to LF, LF FW

Tag : 2 counts Together, Bounces

&1&2& RF next to LF, Heel Up, Heel Down, Heel Up, Heel Down

NOTA : RF = Right Foot, LF = Left Foot, FW = Forward

Smile and enjoy the dance

Contact : maellynedance@gmail.com