

Nasi Goreng

拍數: 64 牆數: 4 級數: Improver
編舞者: Andre Adhitama Rizal (INA) - September 2019
音樂: Geef Mij Mar Nasi Goreng - Tante Lien



Intro : 32 Counts

I. CHASSE-BACK-ROCKING CHAIR

1 & 2 Step R to side, Step L beside R, Step R to side
3 4. Step L back, Recover on R: 5678 : Step L fwd, Recover on R, Step L back, Recover on R

II. CHASSE-BACK-ROCKING CHAIR

1 & 2 Step L to side, Step R beside L, Step L to side
3 4. Step R back, Recover on L
5678 Step R fwd, Recover on L, Step R back, Recover on L

III. JAZZBOX-HIPBUMP-JAZZBOX-HIPBUMP

1 2 3. Cross R over L, Step L back, Step R to side
& 4. Hips up and down
5 6 7. Cross L over R, Step R back, Step L to side
& 8 Hips up and down

IV. JAZZBOX X2

1 2 3 4. Coss R over L, Step L back, Step R to side, Step L fwd
5 6 7 8. Coss R over L, Step L back, Step R to side, Step L fwd

Tag here On Wall 1, 3 & 5

1 2 3 4. Step R fwd, Point L to side, Step L fwd, Point R to side
5 6 7 8. Walk back R,L,R,Close with Shimmy

V. ROCK FWRD-RECOVER-BACK SUFFLE-BACK ROCK-RECOVER-FWRD SUFFLE

1 2. Step R rock fwd, Recover on L
3 & 4 Step R back, Step L beside R, Step R back
5 6. Step L back rock, Recover on R
7 & 8. Step L fwd, Step R beside L, Step L fwd

VI. CROSS-RECOVER-CHASSE TURN-PIVOT-FWRD SUFFLE

1 2. Cross R over L, Recover on L
3 & 4. Step R to side, Step L beside R, 1/4 turn right Step R fwd (03:00)
5 6. Step L fwd, 1/2 turn right onto R (09:00)
7 & 7. Step L fwd, Step R beside L, Step L fwd

VII. VINE-TOUCH-POINT SIDE-TOUCH-POINT SIDE-TOUCH

1234 Step R to side, Cross L behind R, Step R to side, Touch L beside R
5678 Point L to side, Touch L beside R, Point L to side, Touch L beside R,

VIII. VINE-TOUCH-POINT SIDE-TOUCH-POINT SIDE-TOUCH

1234 Step L to side, Cross R behind L, Step L to side, Touch R beside L
5678 Point R to side, Touch R beside L Point R to side, Touch R beside L

Enjoy Your Dance....

E-mail: adhitama.rizal@gmail.com

