

Not Complicated

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Michelle Risley (UK) & Larry Bass (USA) - September 2019
音樂: Complicated - Carolyn Dawn Johnson : (CD: Room With A View)



Start after 16 counts of heavy beat on vocals

(1-8) FORWARD, STEP, ¼ PIVOT, CROSS, HINGE ½ L, CROSS w/SWEEP; CROSS, SIDE, BEHIND w/SWEEP, BEHIND, ¼ TURN L

- 1 Step R forward
- 2&3 Step L forward, Pivot ¼ turn right to R (3:00), Step L across R
- 4&5 Make a ¼ turn left & step R back (12:00), Make a ¼ turn left & step L to left (9:00), Step R across L sweeping L from back to front
- 6&7 Step L across R, Step R to right, Step L behind R sweeping R from front to back
- 8& Step R behind L, Make a ¼ turn left & step L forward (6:00)

(9-16) FORWARD, FORWARD ROCK STEP, DRAG BACK, COASTER STEP, FORWARD, ¼ PIVOT, CROSS, ¾ LEFT SPIRAL TURN

- 1 Step R forward
- 2&3 Rock L forward, Recover back to R, Make a long step back on L, Dragging R Toe towards L
- 4&5 Step R back, Step L beside R, Step R forward
- 6&7 Step L forward, Pivot ¼ turn right to R (9:00), Step L across R
- 8 Step R to right & lift L & hook L over R making a ¾ turn left (12:00)

Styling Chorus Only: Counts 2&3 Extend Both arms forward, Palms facing forward as she sings 'Push you away'

(17-24) RUN, RUN, RUN w/SWEEP, CROSS, SIDE, BEHIND w/SWEEP; BEHIND, SIDE, CROSS; SWAY, SWAY

- 1&2 Run forward L, R, L sweeping R from back to front (12:00)
- 3&4 Step R across L, Step L to left, Step R behind L sweeping L from front to back
- 5&6 Step L behind R, Step R to right, Step L across R
- 7-8 Step R to right swaying upper body to right; Sway L & sway upper body to left (12:00)

(25-32) ¼ TURN RIGHT, ½ RIGHT w/SWEEP, BEHIND, SIDE, CROSS; FORWARD ROCK, SIDE ROCK, BEHIND, SIDE, CROSS

- 1-2 Make a ¼ turn right & step R forward (3:00); Make a ½ turn right & step L back & sweep R from front to back (9:00)
- 3&4 Step R behind L, Step L to left, Step R across L
- 5& Rock L forward, Recover back to R
- 6& Rock L to left, Recover right to R
- 7&8 Step L behind R, Step R to right, Step L across R (9:00)

(33-40) RIGHT NIGHT CLUB BASIC; LEFT NIGHT CLUB BASIC; ¼ TURN DIAMOND

- 1-2& Step R long step to right; Rock L behind R, Recover forward to R
- 3-4& Step L long step to left; Rock R behind L, Recover forward to L
- 5-6& Make an 1/8 turn right & step R forward, Sweeping L from Back to Front (10:30), Step L over R, Step R to right
- 7-8& Make an 1/8 turn left & step L back, Sweeping R from Front to Back (7:30), Step R back, Make an 1/8 turn left & step L to left (6:00)

(41-48) FORWARD STEP, MAMBO FORWARD, MAMBO BACK w/1/8 TURN, ¼ TURN DIAMOND

- 1 Step R forward
- 2&3 Rock L forward, Recover back to R, Step L back

- 4&5 Rock R back, Recover forward to L, Make an 1/8 turn right & step R forward, Sweeping L from Back to Front (7:30)
- 6&7 Step L forward, Step R to right, Make an 1/8 turn left & step L to left, Sweeping R from Front to Back (4:30)
- 8& Step R back, Make an 1/8 turn left & step L to left (3:00)

Begin Again,

As Larry says you are 'Done Done' and Michelle says 'Smile & Keep Your Feet Happy'

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