

Just Cool

拍數: 64 牆數: 1 級數: Phrased Improver
編舞者: Nancy Lee (MY) - September 2019
音樂: Cool - Jonas Brothers



Intro: 16 Count - Sequence : A -B -A -B -A -Tag - B
(A- 32 , B- 32 , Tag - 2)
Tag (1&2) – Point L Forward (1), Point L to L (&), Hitch L (2)

Part A – 32

Section A1 [1-8] R Large Step to R, L Slightly rock behind R, Recover R, L Side Chasse ,Prissy Walks R, L , R Shuffle Forward (12:00)

1-2& R large step to R (1), L rock slightly behind R (2), Recover R (&)
3&4 L side chasse
5-6 Prissy walk , R, L
7&8 R shuffle forward

Section A2 [9-16] ¼ Turn L, L Dorothy Step, R Mambo Forward, Walk Back L, R, L Coaster Step (9:00)

1-2& ¼ Turn L , Step L forward (1), R lock behind L (2), L step forward(&) (9:00)
3&4 R mambo forward
5-6 Walk back L, R
7&8 L coaster step (9:00)

Section A3 [17-24] R Forward, ½ Turn L, Step L Forward, R Shuffle Forward, Modified Jazz box ¼ Turn L, Step L ,Cross R over L , Step L , Touch R Heel Diagonally Forward (12:00)

1-2 Step R forward , ½ turn L , step L forward (3:00)
3&4 R shuffle forward
5-6 Cross L over R (5), ¼ turn L , Step back R (6) (12:00)
&7&8 Step L to L (&), Cross R over L (7), Step L to L (&), Touch R heel diagonally forward (1:30)

Section A4 [25-32] Step R , L Large Step To L , ½ Turn L , Step R Together L, Hips Roll (Anticlockwise), Prissy Walk R,L, ½ turn L, Chase Turn (12:00)

&1-2 Square up (12:00), Step R together L (&), L large step to L (1), ½ turn L , Step R together L – with butts Slap while stepping R beside L (6:00)
3&4 Hips Roll (Anticlockwise)
5-6 Prissy Walk R,L
7&8 Step R forward (7), ½ turn L, Step L forward (&), Step R forward (8) (12:00)

Part B - 32

Section B1 [1-8] L Diagonally Forward L, Touch R , R Kick Ball Cross, R Diagonally Forward R, Touch L, L Kick Ball Cross (12:00)

1-2 Step L diagonally forward L (1), Touch R beside L(2) –Body angled to R diagonal (1:30)
3&4 R Kick ball cross – weight on L (Body still facing - 1:30)
5-6 Step R diagonally forward R (5), Touch L beside R(6) –Body angled to L diagonal (10:30)
7&8 L Kick ball cross – weight on R (Body still facing – 10:30)

Section B2 [9-16] L Diagonally Forward L, Touch R , R Kick Ball Cross, 1/8 Turn L, R Step Forward , Touch L, ¼ Turn L, Step L, Touch R, ¼ Turn L, Step R, Touch L, ½ Turn L, Step L, Step R Together L (Full circle Turning L) (12:00)

1-2 Step L diagonally forward L (1), Touch R beside L(2) –Body angled to R diagonal (1:30)
3&4 R Kick ball cross – weight on L (Body still facing - 1:30)
&5&6 1/8 Turn L, Step R forward (&), Touch L beside R (5), 1/4 turn L , Step L to L (&), Touch R beside L (6) (9:00)

&7&8 ¼ turn L , Step R to R(&), Touch L beside R (7)(6:00), ½ turn L, Step L forward (&), Step R together L (8)Weight on R (12:00)

Section B3 [17-24] L Diagonally Forward L, Touch R , R Kick Ball Cross, R Diagonally Forward R, Touch L, L Kick Ball Cross (12:00)

1-2 Step L diagonally forward L (1), Touch R beside L(2) –Body angled to R diagonal (1:30)

3&4 R Kick ball cross – weight on L (Body still facing - 1:30)

5-6 Step R diagonally forward R (5), Touch L beside R(6) –Body angled to L diagonal (10:30)

7&8 L Kick ball cross – weight on R (Body still facing – 10:30)

Section B4 [25-32] L Diagonally Forward L, Touch R , R Kick Ball Cross, 1/8 Turn L, R Step Forward , Touch L, ¼ Turn L, Step L, Touch R, ¼ Turn L, Step R, Touch L, ½ Turn L, Step L, Touch R Beside L - Weight on L (Full circle Turning L) (12:00)

1-2 Step L diagonally forward L (1), Touch R beside L(2) –Body angled to R diagonal (1:30)

3&4 R Kick ball cross – weight on L (Body still facing - 1:30)

&5&6 1/8 Turn L, Step R forward (&), Touch L beside R (5), 1/4 turn L , Step L to L (&), Touch R beside L (6) (9:00)

&7&8 ¼ turn L , Step R to R(&), Touch L beside R (7)(6:00), ½ turn L, Step L forward (&), Touch R beside L (8)Weight on L (12:00)

Happy Dancing !!!

For Song & Stepsheet , Please Contact : Swan9198@gmail.com
