

# Rock Out!

COPPER KNOB  
STEPPERS

拍數: 48      牆數: 2      級數: Beginner  
編舞者: Pat Newell (USA) - August 2019  
音樂: Keep on Rockin' Me - Pete Stothard



#48 in

Learning: Triple rock recover to ¼ turns, toe struts fwd and back, kick steps, ¼ pivots

## TRIPLE RIGHT, ROCK RECOVER, TRIPLE LEFT, ROC REC TO ¼ RIGHT 3:00

1-2 3&4      Triple R, L, R, rock back on L, recover on R  
5-6 7&8      Triple L, R, L, rock back on R, recover to ¼ wall right 3:00

## TRIPLE RIGHT, ROCK RECOVER, TRIPLE LEFT, ROC REC TO ¼ RIGHT 6:00

1-2 3&4      Triple R, L, R, rock back on L, recover on R  
5-6 7&8      Triple L, R, L, rock back on R, recover to ¼ wall right 6:00

## TOE STRUTS FORWARD

1-4      Step R toe fwd, step down on R, (toe strut), step L toe fwd, step down on L  
5-8      Step R toe fwd, step down on R, step L toe fwd, step down on L

## TOE STRUTS BACK

1-4      Step R toe back, step down on R, step L toe back, step down on L  
5-8      Step R toe back, step down on R, step L toe back, step down on L

## KICK RIGHT TO RIGHT, STEP RIGHT BEHIND LEFT, STEP LEFT TO LEFT, CROSS RIGHT OVER LEFT KICK LEFT TO LEFT, STEP LEFT BEHIND RIGHT, STEP RIGHT TO RIGHT, CROSS LEFT

1-4      Kick R diag R, step R behind L, step L to L, cross R over L  
5-8      Kick L diag L, step L behind R, step R to R, cross L over R

## PIVOT LEFT ¼, PIVOT LEFT ¼, PIVOT LEFT ¼, PIVOT LEFT ¼ \* Raise hands in air and fan them around

1-4      Step R fwd, turn ¼ L on L, step R fwd turn ¼ L on L  
5-8      Step R fwd, turn ¼ L on L, step R fwd turn ¼ L on L 6:00

## DANCE FOR THE HEALTH OF IT

---