

We'll Be Fireproof

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Beginner
編舞者: Patrice Serianni (FR) - 2018
音樂: Fireproof - Coleman Hell : (Album: Summerland - iTunes and Amazon)



Dance starts after 32 counts - No Tags Or Restarts

(1-8) WIZARD, WIZARD, ROCKING CHAIR

1,2& Step forward on right (1), Step left behind right (2), Step right forward (&)
3,4& Step forward on left (3), Step right behind left (4), Step left forward (&)
5, 6 Rock right forward (5), Recover left (6)
7, 8 Rock right back (7), Recover left (8)

(9-16) JAZZ BOX, STEP, KICK, STEP, TOUCH,

1, 2 Step right over left (1), Step left back (2)
3, 4 Step right beside left (3), Step left forward (4)
5, 6 Step right forward (5), Kick left (6)
7, 8 Step left back (7), Touch right back (8)

(17-24) VINE, TOUCH, TURNING VINE, TOUCH

1, 2 Step right to side (1), Step left behind right (2),
3, 4 Step right to side, (3), Touch left (4)
5, 6 Step left to side, turning ¼ left (9:00) (5), Turn 1/2 left, stepping right back (3:00) (6)
7, 8 Turn 1/4 left stepping left to the side (12:00) (7), Touch right beside left (8)

(25-32) K-STEP (WITH OPTIONAL HIPS)

1, 2 Step right forward on the diagonal (towards 1:00) (1), Touch left beside right (2)
3, 4 Step left forward on diagonal (towards 11:00) (3), Touch right beside left (4)
5, 6 Step right back on diagonal (5), Touch left beside right (6)
7, 8 Step left back on diagonal (7), Touch right beside left (8)

****For more experienced dancers, you may add some hip bumps while doing the k-step****

(33-40) ROCK RECOVER, BEHIND SIDE CROSS, ROCK RECOVER, ¼ SAILOR TURN

1, 2 Rock right out to side (1), Recover left (2)
3&4 Step right behind left (3), Step left to side (&), Cross right over left (4)
5, 6 Rock left out to side (5), Recover right (6)
7&8 Swing left behind right, turning ¼ to the left (9:00) (7), Step right out to side (&), Step left forward (8)

(41-48) SHIMMY (WITH A HITCH), SHIMMY (WITH A HITCH)

1-4 Step right out to side (1), Sway shoulders and hips (optional left hitch on count 4) (2-4)
5-8 Step left out to side (5), Sway shoulders and hips (optional right hitch on count 8) (6-8)

****For more experienced dancers, you may add a hitch at the end of each shimmy****

Restart and enjoy!

Contact- Patrice Serianni patriceserianni@gmail.com