Love Satisfaction

拍數: 32

級數: Improver

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音樂: To Satisfy Your Love - Ryan Payling

Track available as a FREE DOWNLOAD (for a limited time) from www.crosscountrymagazine.co.uk also from iTunes, Amazon and all major download sites

NO TAGS OR RESTARTS - 32 count intro

Right side rock. Behind-side-cross. Left side rock. Sailor quarter turn Left

- 1 2 Rock Right to Right side (swaying hips Right). Recover onto Left
- 3&4 Cross Right behind Left. Step Left to Left side. Cross Right over Left
- 5 6 Rock Left to Left side. Recover onto Right
- 7&8 Quarter turn Left stepping Left behind Right. Step Right to Right side. Step forward on Left (9 o'clock)

Forward rock. Shuffle half turn Right x 2. Back rock

- 1 2Rock forward on Right. Recover onto Left
- 3&4 Shuffle half turn Right stepping Right. Left. Right
- 5&6 Shuffle half turn Right stepping Left. Right. Left (9 o'clock)
- 7 8 Rock back on Right. Recover onto Left

Note: Counts 3 – 6 can be replaced by 2 shuffles back (Right shuffle back. Left shuffle back)

Diagonal side. Behind. Chasse Right. Straighten up. Side. Behind. Chasse Left

- 1 2 Turning body to face Left diagonal step Right to Right side. Cross Left behind Right
- 3&4 Still facing Left diagonal step Right to Right side. Step Left beside Right. Step Right to Right side
- 5 6Straightening up 1 / 8 turn Right to face 9 o'clock step Left to Left side. Cross Right behind Left
- 7&8 Step Left to Left side. Step Right beside Left. Step Left to Left side (9 o'clock)

Option: Dip knees on counts 2 and 6 as you cross foot behind

Cross rock. Chasse quarter turn Right. Step. Pivot quarter turn Right. Cross shuffle

- 1 2 Cross rock Right over Left. Recover onto Left
- Step Right to Right side. Step Left beside Right. Quarter turn Right stepping forward on Right 3&4 (12 o'clock)
- 5 6 Step forward on Left. Pivot quarter turn Right (3 o'clock)
- 7&8 Cross step Left over Right. Step Right to Right side. Cross step Left over Right

Start again





牆數:4