

# Hands Up EZ

**COPPER KNOB**  
STEPSHEETS

拍數: 48      牆數: 1      級數: Phrased Improver  
編舞者: John Dembiec (USA) - August 2019  
音樂: Hands Up (feat. DNCE) - Merk & Kremont



(\*\*Sequence : A,B-,A,B,A,B-,A,B,AAA)

## PART A: 32 counts

### [1-8] SIDE BACK TOUCH (X2), V-STEP

1-2            Step R to R, Touch L slightly behind R (Bring hands up during chorus on; "hands up")  
3-4            Step L to L, Touch R slightly behind  
5-6            Step R out to R diagonal, Step L out to L diagonal (Bring hands up during chorus)  
7-8            Step R back to center, Step L back next to R

### [9-16] ¼ JAZZ BOX CROSS, VINE

1-2            Step R over L, Step L back  
3-4            Making ¼ turn R step R to R, Step L over R (3:00)  
5-8            Step R to R, Step L behind R, Step R to R, Step L next to R

(Note: Counts 5-8 may be syncopated as weave. &5&6&7&8)

### [17-24] FORWARD TOUCH, BACK TOUCH, SIDE TOUCHES, ¼ TURN

1-2            Step R forward, Touch L next to R (Bring hands up during chorus; "hands up")  
3-4            Step L back, Touch R next to L  
5-6            Step R to R, Touch L slightly behind R (Bring hands up on count 6)  
7-8            Making ¼ turn L Step L forward (12:00), Touch R next to L

### [25-32] STEP SLIDE TOUCH, HIP BUMPS (X2)

1-2            Step R forward, Slide and touch L next to R  
&3&4          Bump hips L, R, L, R  
5-6            Step L to L, Slide and touch R next to L  
&7&8          Bump hips R, L, R, L

## PART B: 16 counts

### [1-8] STEP, ¼ TOUCH, ¼ TURN, TOUCH, SIDE TOUCHES

1-2            Step R forward, Making ¼ turn L Touch L next to R (9:00)  
3-4            Making ¼ turn L Step L forward (6:00), Touch R next to L  
5-8            Step R to R, Touch L next to R, Step L to L, Touch R next to L

### [9-16] REPEAT 1-8, SEE NOTE BELOW FOR HOLD

On count 5 for B-, step as normal, Hold counts 6-8. Shift weight to L before Part A  
Styling note, on hold you may roll hips R to L

REPEAT AND HAVE FUN !!!!!

E-mail: TwStpr@aol.com