

Running in the Rain

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sandy Kelly (CAN) - August 2019
音樂: Running In the Rain - MonkeyJunk



Start: 16 count strong beat

KICK BALL CHANGE, STEP, STEP(2X)

1&2 Kick Rt. foot fwd., place ball of Rt. foot in back, Step on Lt foot
3-4 Step on Rt. foot, Step on Lt foot
5&6 Kick Rt. foot fwd., place ball of Rt. foot in back, Step on Lt Foot
7-8 Step on Rt. foot, Step on Lt foot

STEP TOUCH, STEP TOUCH, ROCKING CHAIR

1-2-3-4 Step Rt. to Rt. side, Touch Lt toe beside Rt., Step Lt to Lt side, Touch Rt. toe beside Lt
5-6-7-8 Rock fwd. on Rt., Recover on Lt, Rock back on Rt., Recover on Lt

STEP SLIDE BOUNCE, BOUNCE (angle Rt.) STEP SLIDE BOUNCE, BOUNCE (angle Lt.)

1-2-3-4 Angle to Rt., Step fwd. on Rt., Step Lt beside Rt., BOUNCE on heels 2X
5-6-7-8 Angle to Lt, Step fwd. on Lt, Step Rt. beside Lt, BOUNCE on heels 2X

JAZZBOX (turning ¼ right), HEEL-STEP, HEEL-STEP

1-2-3-4 Cross Rt. foot over Lt, Step back on Lt, Step Rt. beside Lt, Step Lt beside Rt. (turn ¼ Right)
5-6-7-8 Tap Rt. Heel out in front, then Step on Rt. foot, Tap Lt Heel out in front, then Step On Lt foot

REPEAT

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