

Boasty

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Rebecca Lee (MY), Grace David (KOR) & Lily Iguchi (JP) - August 2019
音樂: Boasty (feat. Idris Elba) - Wiley, Stefflon Don & Sean Paul



8 count intro

Seq: 32, 32, 16, 32, 16, 32, Tag, 32, 32, 32, 32

Restarts on 3rd(12:00) & 5th(6:00) walls after 16C. Face ¼ to L to restart

[1-8]: HEEL TWISTS RLR, SIDE-TOGETHER-SIDE, ¼ RUNS, SIDE W/ BODY ROLL (OPTIONAL:HIP ROLL)

1&2 Twist both heels to R, Twist both heels to L, Twist both heels to R (12:00)

(Arm movements: Open wide both hands over head (1), Cross hands on chest level (&) Open wide both hands on waist level(2))

3&4 Step LF to L, Step RF next to LF, Step LF on L (12:00)

5&6 1/8 turn to R stepping RF Fwd, 1/8 turn to R stepping LF Fwd, Step RF Fwd (3:00)

7 8 Step LF on L starting body roll, finish body roll while pointing RF diagonal (4:30)

[9-16]: DIAGONAL ROCK-RECOVER, FWD STEP-TOGETHER-FWD, CROSS, BACK, PONY STEP

1 2 Diagonally Rock RF while pushing hip Fwd, Recover on LF pushing hip back (4:30)

3&4 Step RF Fwd, Step LF next to RF, Step RF Fwd

5 6 Cross LF over RF, 1/8 turn to L stepping RF back (3:00)

7&8 Step LF back hitching R Knee, Recover on RF, Step LF back hitching R Knee

[17-24]: PONY STEP, COASTER STEP, ½ PIVOT, 1/8 PADDLE 2X

1&2 Step RF back hitching L Knee, Recover on LF, Step RF back hitching L Knee

3&4 Step LF back, Step RF next to LF, Step LF Fwd

5 6 Step RF Fwd, ½ turn to L stepping LF Fwd (9:00)

7 8 1/8 turn to L stepping RF on side, 1/8 turn to L stepping RF on side (6:00)

[25-32]: FUNKY SLIDES, ¼ SIDE-TOGETHER-SIDE, FWD TOE PRESSES, FWD STEP, BOUNCES

&1&2 Collect RF next to LF, Slide RF diagonal angling body toward 4:30,

Collect LF next to RF, Slide LF diagonal angling body toward 7:30,

&3&4 Collect RF next to LF, ¼ turn to L stepping RF on R, Step LF next to RF, Step RF to R (3:00)

5&6& Press LF Fwd, Step LF next to RF, Press RF Fwd, Step RF next to LF (3:00)

7&8 Step LF Fwd, 1/8 turn to R bouncing both heels, 1/8 turn to R bouncing both heels (6:00)

TAG: 4C Tag Facing 12:00

1 2 Twist Heel to R, Slowly Twist back to L

3 4 Twist Heel to R, Slowly Twist back to L

Please do not alter this step sheet in any way. If you would like to use on your website, please make sure it is in original format and include all contact details on this script.

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