

Be Bob Alula

拍數: 48 牆數: 2 級數: High Beginner
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音樂: Be Bob Alula by Victor Wood



Intro : On Vocal

Sec 1 : Side, behind, side, brush (R, L)

1-2 Step R to right side, Step L behind R
3-4 Step R to right side, brush forward on L
5-6 Step L to left side, step R behind L
7-8 Step L to left side, brush forward on R

Sec 2 : Forward, kick forward, step back, touch back, repeat

1-2 Step forward on R, kick forward on L
3-4 Step back on L, touch back on R
5-8 Repeat 1-4

Sec 3 : Forward diagonal right, forward diagonal left

1-2 Step forward R to right diagonal, step L next to R
3-4 Step forward R to right diagonal, touch L next to R
5-6 Step forward L to left diagonal, step R next to L
7-8 Step forward L to left diagonal, touch R next to L

Sec 4 : Back diagonal, touch, back diagonal touch

1-2 Step back R to right diagonal, touch L next to R
3-4 Step back L to left diagonal, touch R next to L
5-8 Repeat 1-4

Sec 5 : Monterey ¼ R twice

1-2 Touch R to right side, close R turn ¼ R (3:00)
3-4 Touch L to left side, close L next to R
5-8 Repeat 1-4 (6:00)

Sec 6 : Twist

1-8 Heels R, L, R, L, R L R L

Restarts :-

W2 (32C) (6:00)
W4 (30C) (12:00)
W6 (32C) (6:00)
W7 (32C) (6:00)

Have fun.
