Pull It Off



拍數: 32 編數: 4 級數: Beginner / Improver

編舞者: Cathy Snow (USA) - August 2019

音樂: Pull It Off - Kane Brown



Intro: 24 counts

[1-8] ROCK R FWD, R COASTER; ROCK L FWD, L COAST
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1-2	Right rocks forward, recover or	loft
1-2	Right focks forward, recover or	пеп

3&4 Right step back, left next to right, right step fwd

5-6 Left rocks forward, recover on right

7&8 ¼ turn left, shuffle in place L, R, L (L weighted) (9:00 wall)

[9-16] CROSS, POINT, CROSS, POINT, BACK POINT, BACK POINT

1-2	Right crosses over left, point left to left
3-4	Left crosses over right, point right to right
5-6	Right crosses behind left, point left to left
7-8	Left crosses behind right, point right to right

[17-24] ROCK BACK, RECOVER, SHUFFLE FORWARD, ROCK, RECOVER, SHUFFLE BACK

1-2 Right rocks back, recover on left

3&4 Shuffle fwd: right, left, right

3-4 Left rocks forward, recover on right

7&8 Shuffle back: left, right, left

[25-32] ROCK BACK; RECOVER; 2 SYNCOPATED 1/8 PADDLES LEFT; MAMBO RIGHT; MAMBO LEFT

1-2 Rock back right, recovers on left

3&4& Step pivot diagonally 1/8 ball of R foot, recover L, Step pivot diagonally 1/8 ball R, recover left

Rock right, recover weight left, step right next to left Rock left, recover weight right, step left next to right

{TAG]: Only at 3rd time on 6:00 wall tag when finish counts 25-32 before starting again

CROSS RIGHT ½ TURN L; CROSS L ½ TURN, UNWIND

1-2 Cross right over left, ½ turn (to left)

3-4 Cross left over right, ½ turn (to right), Unwind then start again.