Country Song

拍數: 48

級數: Intermediate +

編舞者: Nathalie Morel (FR) & Serge Walleck (FR) - August 2019

音樂: Country Song - Seether

Start after 32 Counts	
[1-8] Rock Step, 1-2 3-4 4 5&6 7&8	, Sweep Backwards X3, Sailor Step L, Behind Side Cross R Turn 1/8 R RF Step Forward, Recover on to LF (In the Catalan way). RF Sweep Backwards,RF Step Backwards LF Sweep Backwards. th Restart 7th Wall restart at 06.00 Stay on LF LF Step Backwards RF Sweep Backwards and cross Behind LF,LF Together, RF Step R. LF Behind RF, RF Step R, LF Cross Over 1/8 Turn R (1.30)
1&2& 3&4& 5-6& 7-8&	 X2, Dorothy diag R, Turn ¼ L Dorothy diag L Toe RF behind LF,RF Recover Weight, LF Heel forward, LF Recover Weight. Toe RF behind LF,RF Recover Weight, LF Heel forward, LF Recover Weight. RF Step Forward, LF Lock Behind RF, PD RF Step Forward. ¼ turn L (10.30) LF Step Forward, RF Lock Behind LF, LF Step Forward. estart at 4th and 6th Walls restart at 06.00
[17-24] 1/8 turn 1-2 3&4 &5&6 &7&8	L RF step forward, Spiral Turn L,Shuffle, Out Out In In, Knee Pop Back X2. 1/8 Turn L RF Step Forward (9.00), Spiral Turn L. LF Step Forward, RF Step together LF, LF Step Forward. RF Out, LF Out, RF In, LF In. Knee Pop R, RF Step Backwards, Knee Pop L, LF Step Backwards.
1&2& 3&4& 5&6 7-8	 Ile X2, Kick Ball, ¼ Turn L LF point, Together 1/2Turn L, RF point R RF Cross over, LF Step Side, RF Touch Heel R Diagonal, RF Together. LF Cross over, RF Step Side, LF Touch Heel L Diagonal, LF Together(Stay on LF). RF Kick Forward, RF Beside LF, ¼ Turn L LF point L (6.00) LF Together RF, ½ Turn L RF point R (12.00). Wall, restart at 6.00
1&2 3&4 5&6 7&8	 Dess Point X2, Cross Shuffle, Step Lock Step ½ & 1/4 Turn. RF Flick, RF Cross over , LF Point L. LF Flick, LF Cross Over, RF Point D. RF Cross over, LF Step Side, RF Cross over. ½ Turn L LF Step Forward (6:00),¼Turn L RF Step Backwards (3:00), LF Lock Step in front of RF Wall, restart at 6:00
1&2 3&4 &5&6 &7&8	RF Step Side, LF Together, RF Step Forward. LF Step Side, RF Together, LF Step Forward. RF Out, LF Out (Stay on LF),RF Hitch in front L Knee, RF Step beside LF. Knee Pop with both legs, Knee Pop Roll with both legs L to R (Stay on LF)

Good Luck

Serge Walleck serwal83@gmail.com





:

牆數:4