

# Messing Around

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Lynne Martino (USA) - August 2019  
音樂: Mess with My Head - Miranda Lambert : (Amazon mp3)



Start after 32 cts on lyrics

## [1-8] HEEL GRIND, COASTER, ROCKING CHAIR

1,2&3,4      Grind R heel center to right (1,2), step R back (&), step L forward (3) step R forward (4)  
5-8      Rock L forward (5), recover on R (6), rock L back (7), recover on R (8)

## [9-16] ¼ WEAVE, ½ TURN

1-8      Step L forward (1), turning ¼ right step R to right side (2), cross L over R (3), step R to right -  
3:00. Side (4), step L behind R (5), making ¼ right, step R forward (6), step forward on L (7)  
6:00 - Pivot ¼ turn right, shifting weight onto R - 9:00

## [17-24] CROSS HOLD ROCK, CROSS ¼ ROCK

1-4      Cross L over R (1), HOLD (2), rock R to right side (3), recover on L (4)\*\*RESTART Wall 6  
5-8      Cross R over L (5), stepping L ¼ back right (6), rock R back (7), recover on L (8) 12:00  
(Styling suggestion: snap fingers on the HOLD on count 2)

## [25-32] TOUCH FORWARD & SIDE 2X, JAZZ BOX 1/4

1-4      Touch R forward (1), touch R to right side (2), REPEAT (3,4)  
5-8      Cross R over L (5), step L back (6), making ¼ turn right step R forward (7), Step L next to R  
(8) 3:00

RESTART: On Wall 6 (3:00) , restart dance after count 20(3rd section of 8, after first four cts)  
End of Dance: Dance up to count 4 of the second 8 and put hands out to sides palms facing forward.

Choreographer Information: Lynne Martino, [wiska51@aol.com](mailto:wiska51@aol.com), [martinolyne@gmail.com](mailto:martinolyne@gmail.com),  
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