

Harder

拍數: 32 牆數: 4 級數: Improver
編舞者: Ashley Kay - August 2019
音樂: Harder - Jax Jones & Bebe Rexha



No Tags, No Restarts!

Dance starts after 32 counts which is after 19 seconds

(Lyrics: "When You Think You've Done"... Stomp right foot down on the word "Enough...")

[1-8] Stomp R, ¼ Turning Sailor Step, Sway R-L, Vaudeville Left (9:00)

- 1 Stomp R forward
- 2&3 Turn ¼ to the left stepping back on L, recover on R, Step L to L
- 4-5 Sway and shift weight to R, Sway and shift weight to L
- 6&7&8 Step R behind L, step L to Left, Tap R heel, Step R next to L, Cross L over R

[9-16] Hip Bumps R-L-R, Hip Bumps L-R-L, Skate (4x) R-L-R-L (9:00)

- 1&2 Step R to front right corner and hip bump right, left, right
- 3&4 Step L to front left corner and hip bump left, right, left
- 5-8 Skate R, Skate L, Skate R, Skate L

[17-24] Cross, Step-Recover-Cross, ½ turn (R-L), Toe Points (2x) R-L, Tap (3:00)

- 1 Cross R over L
- 2&3 Step L to left, recover on R, Cross L over R
- 4-5 ¼ turn left stepping back on R, ¼ turn left step L to left (3:00)
- 6&7&8 Point R toe to right, recover R next to L, Point L toe to left, recover L next to R, Tap R toe next to L

[25-32] Triple back knee pops (2x), Rock back-Recover, Stomp (2x)

- 1&2 Step R back while popping L knee up, Step L next to R, Step R back while Popping L knee up
- 3&4 Step L back while popping R knee up, Step R next to L, Step L back while popping R knee up
- 5-6 Rock R back, recover forward L
- 7-8 Stomp R forward, stomp L forward