

Hideaway

拍數: 48 牆數: 2 級數: High Improver
編舞者: Stephen & Lesley McKenna (SCO) - August 2019
音樂: Hideaway by Grace Vanderwaal on Wonder Park soundtrack



Intro:- 16

Section 1: Out R-L, R coaster, Out L-R, L coaster

1-2 Step R slightly forward to R diagonal, step L to L side (shoulder width apart)
3&4 Step back R, step L next to R, step forward R
5-6 Step L slightly forward to L diagonal, step R to R side (shoulder width apart)
7&8 Step back L, step R next to L, step forward L

Section 2: Paddle points 1/4- 1/4, weave front-side-behind, 1/4 L hitch, back shuffle, 1/2 shuffle

1-2 Make 1/4 L as you point R toe to R side, make 1/4 L as you point R to R side
3&4& Cross R over L, step L to L side, step R behind L, make 1/4 L as you hitch L knee
5&6 Step back L, step R next to L, step back L
7&8 Make 1/2 R stepping R, step L next to R, step forward R

Section 3: L side, rock, rec, R side, rock, rec, L kick ball cross, 1/4 L shuffle

1-2& Step L to L side, rock back R, recover L
3-4& Step R to R side, rock back L, recover R
5&6 Kick L forward, step L next to R, cross R over L
7&8 Make 1/4 L stepping L forward, step R next to L, step forward L

Section 4: 1/4 L, 1/4 L, R shuffle forward, side, together, forward, touch, side, touch, side, touch

1-2 Make 1/4 L crossing R over L, make 1/4 L stepping forward L
3&4 Step forward R, step L next to R, step forward R
5&6& Step L to L side, step R next to L, step forward L, touch R next to L
7&8& Step R to R side, touch L next to R, step L to L side, touch R next to L*Restarts

Section 5: 1/4 R side, together, side, together, side, L mambo forward, R coaster

1-2 Step R to R side, step L next to R
3&4 Step R to R side, step L next to R, step R to R side
5&6 Rock forward L, recover R, step L next to R
7&8 Step back R, step L next to R, step forward R

Section 6: L Side, together, side, together, side, R mambo forward, 1/2 L, pivot 1/4 L

1-2 Step L to L side, step R next to L
3&4 Step L to L side, step R next to L, step L to L side
5&6 Rock forward R, recover L, step R next to L
7&8 Make 1/2 L stepping L, step forward R, make 1/4 L stepping L

* Restart:- Dance up to section 5 then restart from section 1 during walls 2, 5 & 6.

Ending:- Last wall after count 4 of section 5, make 1/4 R stepping L to L side to finish on front wall.

Enjoy!

CONTACT US:- stephen-edward-mckenna@sky.com
FIND US ON FACEBOOK

