

24 Horas

COPPER **NOB**
BY STEPSHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Val Saari (CAN) - August 2019
音樂: 24 Horas (feat. CNCO) - Pinto "Wahin"



JAZZ BOX-SHUFFLE FWD 1/4 TURN R, L ROCK/RECOVER CROSS-SHUFFLE

1-2 Cross RF over Left, Step Left back
3&4 Shuffle forward RLR 1/4 Turn R
5-6 Rock LF left, RF recover
7&8 Cross LF over R, step RF right, Cross LF over R

SIDE STEP-DRAG RL, SHUFFLE BACK RLR, COASTER STEP TURN 1/4 L

1-2 Large step right to right side, drag LF toes towards R (optional shimmy)
3-4 Large step left to left side, drag RF toes towards L (optional shimmy)
5&6 Shuffle back RLR
7&8 Step LF back 1/4 turn L, Step RF beside L, Step LF forward

RF STOMP KICK, MAMBO BACK, LF MODIFIED TOE TRIANGLE, REVERSE GRAPEVINE

1-2 Stomp RF down, Kick RF forward
3&4 RF rock back, Step LF in place, Step RF beside L
5-6 Touch LF toes forward, Touch LF toes to L side
7&8 Cross-step LF behind R, Step RF right, Cross-step LF in front of R

RF ROCK/RECOVER, SHUFFLE RLR TURN 1/2 R, LF ROCK/RECOVER, SHUFFLE LRL TURN 1/2 L,

1-2 Rock RF forward, recover LF
3&4 Shuffle back RLR Turn 1/2 R
5-6 Rock LF forward, recover RF
7&8 Shuffle back LRL Turn 1/2 L

FORWARD & BACK MAMBOS X 2

1&2 RF Rock forward, LF recover, Step RF beside Left
3&4 LF Rock back, RF recover, Step LF beside Right
5&6 RF Rock forward, LF recover, Step RF beside Left
7&8 LF Rock back, RF recover, Step LF beside Right

CROSS MAMBOS CHA CHA CHA X 2 (RIGHT,LEFT 1/4 TURN L)

1-2 RF Cross over L, LF Recover weight
3&4 Recover RF, Step LF in place, Step RF in place
5-6 LF Cross over R, RF Recover weight
7&8 Step LF left 1/4 Turn left, Step RF beside L, Step LF in place

REPEAT - No Tags, No Restarts

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