

Cha Cha Banana

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Suki Choi (KOR) & Sally Hung (TW) - August 2019
音樂: Banane E Lamponi - Francesca Lotà



intro: 16 counts - No Tag, No Restart

S1. SIDE MAMBO(R, L), FWD SHUFFLE, WALK, WALK

1&2, 3&4 Rock R to R, recover onto L, step R next to L, rock L to L, recover onto R, step L next to R
5&6 Step R fwd, close L up to R, step R fwd
7,8 Step L fwd, step R fwd

S2. FWD MAMBO, BACK LOCK BACK, SHUFFLE ½ TURN L, WALK, WALK

1&2 Rock L fwd, recover onto R, step back on L
3&4 Step back on R, lock L in front of R, step back on R
5&6 Shuffle ½ Turn L on LRL
7,8 Walk fwd on R,L

S3. SIDE, CROSS ROCK BACK, RECOVER (R, L), ¼ L SIDE, CROSS ROCK BACK, RECOVER, SIDE, CROSS ROCK BACK, RECOVER

1,2& Step R to R Side, Cross L behind R, Recover on R
3,4& Step L to L Side, Cross R behind L, Recover on L
5,6& ¼ turn L stepping R to R Side, Cross L Behind R, Recover on R
7,8& Step L to L Side, Cross R behind L, Recover on L

S4. HIP BUMP, STEP, HIP BUMP, STEP, PIVOT ½ TURN L (x2)

1,2 Touch R Toe Fwd Bumping Hip Fwd, Step R Heel Down
3,4 Touch L Toe Fwd Bumping Hip Fwd, Step L Heel Down
5,6,7,8 Step fwd on R, Pivot ½ turn L, step fwd on R, Pivot ½ turn L

(Easy option for 5,6,7,8 Rocking Chair:

Rock R fwd, recover on L, rock back on R, recover on L)

Happy dancing!

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