

Alpine Green (Shan Qing)

COPPER KNOB
BY STEPHEN T. C.

拍數: 36 牆數: 4 級數: High Beginner
編舞者: Heru Tian (INA) - July 2019
音樂: Gao Shang Qing by Bao Lie Jin



Starts after 16 counts on lyric

I. STEP SIDE, TOGETHER, SHUFFLE FORWARD

1,2 Step R to right side, step L next to R
3&4 Shuffle forward on R-L-R
5,6 Step L to left side, step R next to L
7,8 Shuffle forward on L-R-L

II. ROCK, RECOVER, ¼ TURN CHASSE, CROSS, ¼ TURN STEP BACK, ¼ TURN CHASSE

1,2 Rock forward on R, recover on L
3&4 ¼ turn right chasse to right side on R-L-R
5,6 Cross L over R, ¼ turn left step back on R
7&8 ¼ turn left chasse to left side on L-R-L

III. MONTEREY ¼ TURN, JAZZ BOX

1,2 Point R toe to right side, ¼ turn right step R together
3,4 Point L toe to left side, step L together
5,6 Cross R over L, step back on L
7,8 Step R to right side, step L forward

IV. HIP SWAY, STEP, BRUSH, ROCK, RECOVER, ¼ TURN CHASSE

1,2 Step R forward hip sway to R-L
3,4 Step on R, brush L forward
5,6 Step L forward, recover on R
7&8 ¼ turn left chasse to left side on L-R-L

V. PADDLE TURN ¼ X2

1,2 Step ball R forward make ¼ turn to left with hip roll
3,4 Repeat 1-2

Restart on Wall 4 after 32 counts

Begin again ! - Happy fun....