

拍數: 32 牆數: 4 級數: High Beginner

編舞者: Kim Jaehee (KOR) - August 2019 音樂: Arirang (아리랑) - BTS (방탄소년단)



Intro: 32 counts, Ready action(Stand in place and shake your arms back and forth) No Restart, No Tag

Section 1

[1-4] Forward Walk x 4 Back Walk x 4

| 1 | ~ Step RF forward (In simultaneous operation, your right foot forward at the same time send |
|---|---|
| | left arm forward and right arm backward) |

- 2 ~ Step LF forward (In simultaneous operation, your left foot forward at the same time send the right arm forward and the left arm backward)
- 3 ~ Step RF forward (In simultaneous operation, your right foot forward at the same time send left arm forward and right arm backward)
- 4 ~ Step LF forward (In simultaneous operation, your left foot forward at the same time send the right arm forward and the left arm backward)

[5-8] Back Walk x 4

| 5 | ~ Step RF back(In simultaneous operation, your right foot backward at the same time send |
|---|--|
| | left arm forward and right arm backward) |

- 6 ~ Step LF back(In simultaneous operation, your left foot backward at the same time send right arm forward and left arm backward)
- 7 ~ Step RF back(In simultaneous operation, your right foot backward at the same time send left arm forward and right arm backward)
- 8 ~ Step LF back(In simultaneous operation, your left foot backward at the same time send right arm forward and left arm backward)

Section 2

[1-4] Forward Walk x 4

| 1 | ~ Step RF forward (In simultaneous operation, when the right foot goes forward, spread your |
|---|---|
| | arms sideways. The right palm up and the left palm down) |

- 2 ~ Step LF forward (In simultaneous operation, when the left foot goes forward, spread your arms sideways. The right palm down and the left palm up)
- 3 ~ Step RF forward (In simultaneous operation, when the right foot goes forward, spread your arms sideways. The right palm up and the left palm down)
- 4 ~ Step LF forward (In simultaneous operation, when the left foot goes forward, spread your arms sideways. The right palm down and the left palm up)

[5-8] Back Walk x 4

| 5 | ~ Step RF back (In simultaneous operation, when the right foot goes forward, spread your |
|---|--|
| | arms sideways. The right palm up and the left palm down) |

- 6 ~ Step LF back (In simultaneous operation, when the left foot goes forward, spread your arms sideways. The right palm down and the left palm up)
- 7 ~ Step RF back (In simultaneous operation, when the right foot goes forward, spread your arms sideways. The right palm up and the left palm down)
- 8 ~ Step LF back (In simultaneous operation, when the left foot goes forward, spread your arms sideways. The right palm down and the left palm up)

Section 3

[1-4] Forward Walk x 4

1 ~ Step RF forward (In simultaneous operation, when the right foot goes forward, Raise your arms above your head and shake from left to right)

2 ~ Step LF forward (In simultaneous operation, when the left foot goes forward, Raise your arms above your head and shake from right to left)
3 ~ Step RF forward (In simultaneous operation, when the right foot goes forward, Raise your arms above your head and shake from left to right)
4 ~ Step LF forward (In simultaneous operation, when the left foot goes forward, Raise your arms above your head and shake from right to left)

[5-8] Back Walk x 4

- 5 ~ Step RF back (In simultaneous operation, when the right foot goes forward, Raise your arms above your head and shake from left to right)
- 6 ~ Step LF back (In simultaneous operation, when the left foot goes forward, Raise your arms above your head and shake from right to left)
- 7 ~ Step RF back (In simultaneous operation, when the right foot goes forward, Raise your arms above your head and shake from left to right)
- 8 ~ Step LF back (In simultaneous operation, when the left foot goes forward, Raise your arms above your head and shake from right to left), spread your arms sideways. The right palm down and the left palm up)

Section 4

[1-4] Walk RF, LF, RF, LF. Closing LF next to RF(Full turn)

1-4 In place, Full turn, Walk RF, LF, RF, LF. Closing LF next to RF (facing 12.00)

Pull your right arm down from your thighs to your chest

[5-8] Walk LF, RF, LF, RF. Closing RF next to LF(3/4 turn to left)

5-8 In place, 3/4 turn to left, Walk LF RF, LF, RF. Closing LF next to RF (facing 3.00)

Pull your left arm down from your thighs to your chest

Enjoy the dance,

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