

Nothing Else Matters

拍數: 54 牆數: 4 級數: Advanced
編舞者: Jean-Pierre Madge (CH) - July 2019
音樂: Nothing Else Matters - Metallica : (6:28)



Start the dance with weight on R

Sweep $\frac{3}{4}$ L, Twinkle,

1-2-3 Transfer the weight on L and Sweep R making a $\frac{3}{4}$ to L (3 :00)

4-5-6 Cross R over L, Step L to L diagonal, Step R next L (3 :00)

Cross, Side, Behind $\frac{1}{8}$ L, Behind, $\frac{1}{2}$ L , Step

1-2-3 Cross L over R, Step R to R, $\frac{1}{8}$ L Step L back (1 :30)

4-5-6 Step R back, $\frac{1}{2}$ L Step L forward, Step R forward (7 :30)

Step, Kick, Hitch, Big Step back, Drag

1-2-3 Step L forward, Kick R forward, Hitch R (7 :30)

4-5-6 Big Step R back and Drag L to R (7 :30)

Sailor Step, Sailor Step $\frac{3}{8}$ R

1-2-3 Cross L behind R, Step R to R, Step L to L, (7 :30)

4-5-6 Cross R behind L, $\frac{3}{8}$ R and Step L to L, Step R to R (12 :00)

Monterey $\frac{1}{2}$ turn with arms

(1st wall bridge : Touch L to L (1) Touch L forward (2) Touch L next to R (3) continue the dance as normal)

1-2-3 Touch L to L (Extend L arm forward), Hold (Bring L hand to your chest), Bring R next L doing $\frac{1}{2}$ L (12 :00)

4-5-6 Touch R to R (Extend R arm Up), Hold (Bring R arm to you), Hold (Throw R hand down)(6 :00)

Cross, Side, $\frac{1}{4}$ R back, 3 Walks

1-2-3 Cross R over L, Step L to L, $\frac{1}{4}$ R Step R back (9 :00)

4-5-6 Step L,R,L back (9 :00)

Coaster Step, Cross, Point, Hold with Hands

1-2-3 Step R back, Step L next R, Step R forward, (9 :00)

(6th & 8th Wall : Restart here)

4-5-6 Cross L over R (With R arm extended forward slightly across L and index pointed up), Touch R to R(Extend R arm to R saying "No" with the finger) , Hold (release the arm) (9 :00)

Twinkle, Cross , Side, Behind

1-2-3 Cross R over L, Step L to L diagonal, Step R next to L, (9 :00)

(9th & 10th wall : Cross L over R (1) Step R to R (2-3) and Restart the dance)

4-5-6 Cross L over R, Step R to R, Cross L behind R (9 :00)

Sway, Sway and prep

(1st wall bridge : Add Sway R (1,2,3) Sway L (4,5,6) and continue with the end of the dance)

(13th wall bridge : Sway R (1,2,3) L (4,5,6) R (1,2,3) L (4,5,6) R (1,2,3) and restart the dance without the prep)

(14th wall bridge : Sway R (1,2,3) L (4,5,6) R (1,2,3) L (4,5,6) R (1,2,3) L (4,5) prep on 6 and restart)

1-2-3 Big Step R to R sway (9 :00)

4-5-6 Sway to L for two counts and put weight on R on count 6 to start the dance again (9 :00)

NB:

1 st wall : Add 3 Touchs and 6 count sways

2-3-4-5	Normal
6	Restart on count 39
7	Normal
8	Restart on count 39
9	After the last Twinkle, Cross Step
10	After the last Twinkle, Cross Step
11-12	Normal
13	5 Sways at the End without the pre
14	6 Sways with the Prep
15-16	Normal

Don't be scared and have fun!
