

Hand in My Pocket

COPPER KNOB
BY STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Laura Rittenhouse (AUS) - August 2019
音樂: Hand In My Pocket - Alanis Morissette



Start with lyrics

RIGHT SIDESTEP, CROSS BEHIND, SIDE SHUFFLE, LEFT SIDESTEP, CROSS BEHIND, SIDE SHUFFLE

1,2,3&4 Step R to R, Cross L behind R, Side shuffle R (Step R,L,R)
5,6,7&8 Step L to L, Cross R behind L, Side shuffle L (Step L,R,L)

ROCKING CHAIR, JAZZ BOX TURN

1,2,3,4 Rock forward R, Recover L, Rock back R, Recover L
5,6,7,8 Cross R over L, Step L back, Step R turning ¼ R, Step L to L side (3:00)

CROSS OVER, STEP BESIDE, SAILOR STEP, CROSS OVER, STEP BESIDE, SAILOR STEP

1,2,3&4 Cross R over L, Step L to L, Cross R behind, Step L to L, Step R beside L
5,6,7&8 Cross L over R, Step R to R, Cross L behind, Step R to R, Step L beside R

ROCK, TURN AND SHUFFLE, ROCK, COASTER

1,2,3&4 Rock R fwd, Recover L, Turn ½ R shuffle fwd (Step R,L,R) (9:00)
5,6,7&8 Rock L fwd, Recover R, Step L back, Step R beside L, Step L forward

Note: This dance really should be done with one hand in your pocket. Once you're familiar with the dance, add the gestures for the other hand (giving a high 5, flicking a cigarette, giving a peace sign, playing the piano, hailing a taxicab).
