

Monday Morning Waltz

COPPER KNOB
STEPPEDETS

拍數: 24 牆數: 2 級數: Beginner waltz
編舞者: Pat Newell (USA) - August 2019
音樂: Four In the Morning - Daniel O'Donnell



Can be done contra, touching hands on the twinkles and when passing through the line.

#24 CT IN

Note: This is fast piece of music so dance forward on your feet.

Note: Remember to take long step on counts 1 and 4

WALTZ BOX

1-3 Step fwd on L, step to the R on R, step on L
4-6 Step back on R, step to the L on L, step on R

2 TWINKLES

1-3 Cross L over R slightly angled to R, step back on R, step on L 12:00
4-6 Cross R over L, slightly angled to L, step back on L, step on R 12:00

½ TURN LEFT, BACK BASIC

1-3 Step L ½ to L, R beside L, step on L 6:00
4-6 Step back on R, step L together with R, step on R

BASIC FWD AND BACK

1-3 Step fwd on L, step R beside L, step on L
4-6 Step back on R, step L beside R, step on R

START AGAIN

DANCE FOR THE HEALTH OF IT
