

Feeling Good – AB

COPPER **KNOB**
BY SHEETS

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Lene Mainz Pedersen (DK) - July 2019
音樂: Feeling Good (feat. Alexandre Joseph) - Ofenbach : (iTunes)



Intro 32 Count - NO TAGS & NO RESTARTS

[1-8] R LOCKSTEP, SCUFF, L LOCK STEP, SCUFF

1 - 4 Step R fw, Lock L behind R, Step R fw, Scuff L foot
5 - 8 Step L fw, Lock R behind L, Step L fw, Scuff R foot

[9-16] JAZZ BOX, WEAVE R

1 - 4 Cross R in front of L, Step back on L, Step R to R side, Cross L in front of R
5 - 8 Step R to R side, Cross L behind R, Step R to R side, Cross L in front of R

[17-24] SIDE ROCK R, CROSS SHUFFLE, SIDE ROCK L, TURN 1/4 R, SHUFFLE FW

1 - 2 Rock R to R side, Recover on L
3 & 4 Cross R in front of L, Step L small step to L side, Cross R in front of L
5 - 6 Rock L to L side, Turn 1/4 R stepping R fw (3:00)
7 & 8 Step L fw, Step R beside L, Step L fw

[25-32] CHARLSTON WITH KICK'S

1 - 4 Step R fw, Kick L foot fw, Step back on L, Point R foot back
5 - 8 Step R fw, Kick L foot fw, Step back on L, Point R foot back

Start Again

Ending: After Wall 10 (6:00) – make a step ½ turn L

1 - 2 Step fw on R, Turn 1/2 L stepping L fw to face (12:00)

Contact: lene.m@privat.dk - www.happylinedanceherning.dk