

# If I Back It Up EZ

**COPPER** KNOB  
BY SHEETS

拍數: 32      牆數: 4      級數: Basic Beginner  
編舞者: Glory M. Sly (CAN) - July 2019  
音樂: If I Back It Up - NELLIE TIGER TRAVIS : (Album: Wanna Be With You/ Nellie Tiger Travis)



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Floorsplit for: IF I BACK IT UP NOW (Whatcha gonna do) Ira Weisburd Raymond Sarlemijn 32 4 b L 2-3 no T R

Intro 64 cts approx 40 sec. - No Tags No Restarts

**P 1. R BACK, L TOUCH; L BACK, R TOUCH; R BACK, L TOUCH; L BACK, R TOUCH**

1-2            Step R back, Touch L beside R  
3-4            Step L back, Touch R beside L  
5-6            Step R back, Touch L beside R  
7-8            Step L back, Touch R beside L

**P2. R BACK, ROCK, WALK FWD R, L; R ROCKING CHAIR**

1-2            Step R back, Recover forward onto L  
3-4            Step R forward, Step L forward  
5-6            Step R forward, Recover back on L  
7-8            Step R back, Recover forward on L

**P3. 1/4 R TURN ON R FWD, TAP L BEHIND R; L SIDE, HOLD; R SAILOR HOLD**

1-2            Making 1/4 Turn R (3:00) Step R forward, Tap L behind R  
3-4            Step L to L side, Hold  
5-6            Step R behind L, Step L to L side,  
7-8            Step to R to R side, Hold

**P4. L SAILOR HOLD; R CROSS ROCK, R SIDE ROCK**

1-2            Step L behind R, Step R to R side,  
3-4            Step L to L side, Hold  
5-6            Step R across L, Recover back on L  
7-8            Step to R to R side, Recover on L

**BEGIN DANCE AGAIN**

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